



SUBSTANCE MISUSE RESOURCES 2023

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
MEDICATION ASSISTED TREATMENT RESOURCES			
Area Substance Abuse Council (ASAC) 3601 16th Ave SW Cedar Rapids, IA 52404	319-390-4611	M,Tu,W,Th 7:30 AM - 8:00 PM F 7:30 AM - 5:00 PM	ASAC offers Medication Assisted Treatment in combination with counseling to assist an individual with a substance use disorder. Medicaid and private insurance accepted. No Medicare.
Cedar Rapids Comprehensive Treatment Center 5005 Bowling St. SW Cedar Rapids, IA 52404	319-531-3824	M,Tu,W,Th,F 5:30 AM - 2:30 PM Sa 7:30 AM - 10:00 AM Medicating hours M,Tu,W,Th,F 5:30 AM - 11:00 AM Sa 7:00 AM - 10:00 AM	CRCT provides medically supervised methadone, Suboxone, and buprenorphine (Subutex) treatment to individuals, 18 years and older, who are attempting to overcome an addiction to or dependence upon heroin or other opioids. Individual counseling and groups. www.cedarrapidsctc.com Medicaid accepted for methadone treatment
Corridor Health Care 4005 Wilson Ave SW Cedar Rapids, IA 52404	319-826-3994	By appointment only	Suboxone treatment for opioid misuse disorder. No Medicaid accepted.
Eastern Iowa Health Center 1201 3rd Ave SE Cedar Rapids, IA 52403	319-730-7300	M,Tu,W,Th 8:00 AM - 7:00 PM F 8:00 AM - 5:00 PM	Buprenorphine (Suboxone) treatment for opioid misuse disorder. Requires a referral from ASAC

For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cell phone at 319-739-4211, or 1-866-469-2211. 211 now has an app that can be downloaded by searching "211 Iowa" on either Apple App store or Google Play. For more information you can visit www.211iowa.org/211app. To obtain a copy of the Resource Charts, go to www.linncountyiowa.gov/communityservices or contact Linn County Community Services at 319-892-5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.



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Name & Location	Phone Number	Days/Hours	Services Provided
St. Luke's Hospital; Chemical Dependency 810 1st Ave NE, 1st Floor Cedar Rapids, IA 52402	319-363-4429	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Buprenorphine (Suboxone) and naltrexone treatment for opioid misuse disorders. St. Luke's Chemical Dependency offers Collaborative Opioid Addiction Treatment (COAT) Group every Tuesday from 3-4:30 pm. Private insurance and Medicaid accepted.
NALOXONE DISTRIBUTORS			
Area Substance Abuse Council (ASAC) 3601 16th Ave SW Cedar Rapids, IA 52404	319-390-4611 info@asac.us	M,Tu,W,Th,F 8:00 AM - 5:00 PM	ASAC offers intranasal naloxone distribution. Email info@asac.us for more information.
CVS Pharmacy	All Locations	Available during pharmacy hours	Participate in naloxone distribution. Forms of naloxone (intranasal, Narcan, Evzio) vary by location. Prescription insurance accepted. Cash price for the intranasal Narcan is \$130 for a 2- pack.
Hy-Vee Pharmacy	All Locations	Available during pharmacy hours	Participate in naloxone distribution. Forms of naloxone (intranasal, Narcan, Evzio) vary by location. Various prescription insurance accepted. Cash price is \$145.99
Reutzel Pharmacy 717 A Ave NE #202 Cedar Rapids, IA 52402	319-364-4181	M,Tu,W,Th,F 8:30 AM - 5:30 PM Sa 9:00 AM - 12:00 PM	Participate in naloxone distribution. Intramuscular Narcan (naloxone) available here. Prescription insurance accepted.



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Walgreens	All Locations	Available during pharmacy hours	Participate in naloxone distribution. Forms of naloxone (intranasal, Narcan, Evzio) vary by location. Various prescription insurance accepted. Cash price is \$135.99 for an intranasal Narcan 2-pack.
PREVENTION PROGRAMS			
ASAC- Prevention Programming 3536 18th Ave SW Cedar Rapids, IA 52404	319-390-4611	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Programs available for individuals or families to assist with prevention of substance use. Teaches communication skills, stress management, and prevention intervention. Accepts Medicaid and private insurance. No Medicare.
Foundation 2 Crisis Outreach 1714 Johnson Ave NW Cedar Rapids, IA 52405	319-362-2174	24 hours a day seven days per week including all holidays	Trained, compassionate telephone counselors 24 hours per day, 365 days per year. Free, confidential call. Most Foundation 2 services are free or based on a sliding fee scale. For more information on a specific program's cost, please call them for more information.
Mobile Crisis Outreach	319-247-0030	24 hours a day, seven days per week	When a service provider, medical professional, employer, family member, friend, or individual believes a situation would benefit from on-site crisis intervention, Mobile Crisis Outreach will help.



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St. Luke's Chemical Dependency Services 1030 5th Ave SE Cedar Rapids, IA 52403	319-363-4429	M,Tu,Th 8:00 AM - 9:00 PM W,F 8:00 AM - 4:30 PM	Free sessions available to those looking for substance abuse information or referrals. Private insurance and Medicaid accepted.
St. Luke's Chemical Dependency Services: Relapse Prevention Program 1030 5th Ave SE Cedar Rapids, IA 52403	319-363-4429	M,Tu,Th 8:00 AM - 9:00 PM W,F 8:00 AM - 4:30 PM	Supports the continuing progress of clients in the Aftercare Program. Groups meet one time per week. This program is designed to help individuals who have completed treatment but are having a difficult time staying away from substances. Private insurance and Medicaid accepted.
St. Luke's Physical Medicine and Rehabilitation: Pain Psychology Program 1026 A Ave NE Cedar Rapids, IA 52406	319-369-7331	Call for treatment dates	Pain management group that focuses on psychological components of pain. Private insurance and Medicaid accepted.
Strengthening Families 520 11th St NW Cedar Rapids, IA 52405	319-892-5726	Hours vary: Please call for assistance	The program provides educational / skill building classes to parents and youth. Two hour weekly meetings. Six to seven week sessions. Meal and daycare provided. No fees.
SUBSTANCE ABUSE COUNSELING			
Alcoholics Anonymous	319-365-5955 888-425-4266	24/7	Call for information on AA and al-anon meetings in Cedar Rapids area. www.al-anonlateen.org or www.aa-cedarrapids.org



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ASAC Adult Residential 3601 16th Ave SW Cedar Rapids, IA 52404	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	22-bed residential substance abuse treatment program for men and women 18 years of age and older. Ten bed halfway house program. www.asac.us
ASAC Downtown Office 317 7th Ave SE Cedar Rapids, IA 52401	319-247-4873	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Substance abuse assessments and individual and group treatment services for adults including extended outpatient, intensive outpatient and aftercare. Serves Spanish-speaking population. www.asac.us
ASAC East Office 4837 1st Avenue SE Cedar Rapids, IA 52402	319-447-1921	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Substance abuse assessments and individual and group treatment services for adults including extended outpatient, intensive outpatient and aftercare. www.asac.us
ASAC Heart of Iowa 4050 Bowling Street SW Cedar Rapids, IA 52404	319-862-1050	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Residential, outpatient, and halfway house services for pregnant women and women with children. On-site housing for 36 families. www.asac.us
ASAC West Office 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Substance abuse assessments and individual and group treatment services for adults. Services include extended outpatient, intensive outpatient, aftercare, and family counseling for concerned others. Residential treatment for adults. Youth residential and outpatient programs. www.asac.us



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ASAC Youth Services 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Youth residential and outpatient services. ASAC's Youth Residential program has 22 beds for male and female adolescents ages 13 - 18. Joint program with Four Oaks. www.asac.us
Dual Diagnosis Program Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402	319-398-6226	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Services provided for persons who have diagnoses of chemical dependency. The program has three levels of care based on the patient's severity of illness: Intensive Outpatient, Extended Outpatient, and Aftercare. Individual counseling education provided.
Iowa Substance Abuse Information Center	866-242-4111	Phones answered 24/7	Educational materials available. Referrals to treatment centers. Media resources. Training center. Behavioral health employer listing statewide database. www.drugfreeinfo.org
Mercy Hospital - Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402	319-398-6226	Treatment is Monday - Thursday Counselors available Monday - Friday 8 AM - 4:30PM Walk- in Hours 8:30 AM to 12:30 PM Fridays Only	Assessments, evaluations, OWI evaluations, school consultations, outpatient aftercare, family and education programs.



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St. Luke's Hospital Chemical Dependency 810 1st Ave NE Cedar Rapids, IA 52402	319-363-4429	M,Tu,Th 8:00 AM - 9:30 PM W,F 8:00 AM - 4:30 PM	Chemical dependency evaluations, intensive outpatient treatment, aftercare, relapse prevention, intervention training, family and individual counseling and information and referral. Extended outpatient program. Dual diagnosis outpatient group.
The Salvation Army 1000 C Avenue NW Cedar Rapids, IA 52405	319-364-9131	Closed 12 PM - 1 PM All days by appointment Breakfast served, 8 AM - 9 AM Lunch served, 12 PM - 1 PM M,Tu,W,Th,F 8:30 AM - 4:30 PM	The Salvation Army is both a social service and a religious organization. The Army practices an integrated ministry uniting spiritual, social and physical support. Seeks first to meet the immediate needs of families and individuals in crisis and stabilize their situations. Spiritual counsel is made available to those who seek it. The Salvation Army's core social services focus on meeting basic human needs. Locally, social service programs include emergency disaster services, senior activities, community meal and pantry program, homeless prevention and transportation assistance, holiday programs and youth activities. Transportation assistance may include tickets for the City bus and purchase of gas for qualifying individuals. The Salvation Army does not have volunteers to provide transportation. Rental and utility assistance.

SUPPORT GROUPS/COUNSELING



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Name & Location	Phone Number	Days/Hours	Services Provided
Abbe Center for Community Mental Health, Club 520 Wellness Center 520 11th St. NW Cedar Rapids, IA 52404	319-398-3562	Tu,Th 1:00 PM - 4:00 PM F 1:00 PM - 3:45 PM	Consumer run, recovery focused social support center. Offers structured activities, social opportunities, vocational assistance and recovery support group. Dual recovery anonymous group available to individuals with mental illness and substance abuse issues. Medicaid and private insurance accepted.
ASAC Downtown Office 317 7th Ave SE Ste. 203 Cedar Rapids, IA 52401	319-390-4611	by appointment M,Tu,W,Th,F 8:00 AM - 5:00 PM	Substance abuse assessments and individual and group treatment services for adults including extended outpatient, intensive outpatient and aftercare. Serves Spanish-speaking population. Medicaid and private insurance accepted. No Medicare. www.asac.us
ASAC East Office 4837 1st Avenue SE Ste. 206 Cedar Rapids, IA 52402	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Substance abuse assessments and individual and group treatment services for adults including extended outpatient, intensive outpatient and aftercare. Medicaid and private insurance accepted. No Medicare. www.asac.us
ASAC Heart of Iowa 4050 Bowling Street SW Cedar Rapids, IA 52404	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Residential, outpatient, and halfway house services for pregnant women and women with children. On-site housing for 36 families. Medicaid and private insurance accepted. No Medicare. www.asac.us



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ASAC West Office 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Substance abuse assessments and individual and group treatment services for adults. Services include extended outpatient, intensive outpatient, aftercare, and family counseling for concerned others. Residential treatment for adults. Youth residential and outpatient programs. Medicaid and private insurance accepted. No Medicare. www.asac.us
ASAC Youth Services 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 4:00 PM	Youth residential and outpatient services. ASAC's Youth Residential program has 22 beds for male and female adolescents ages 13 - 18. Joint program with Four Oaks. www.asac.us Medicaid and private insurance accepted. No Medicare.
Community Resources United to Stop Heroin (CRUSH): Mission of Hope 1700 B Avenue NE/438 Southgate Ave Cedar Rapids/Iowa City, IA 52402	Text HEROIN to 51555 to get connected	Linn County Meetings are the first and third Wednesday of each month 6 PM -7:30 PM Johnson County Third Monday of the month 6 PM -7:30 PM	CRUSH of Iowa is a grass roots, community based organization that is focused on helping those who have fallen victim to opioid addiction. No fees. www.crushofiowa.com www.facebook.com/crushofiowa
Covenant Family Solutions 1655 Blairs Ferry Rd. Marion, IA 52302	319-261-2292	M,Tu,W,Th 9:00 AM - 5:00 PM F 9:00 AM - 5:00 PM	Providers that specialize in substance abuse therapy and addictions. Private insurance accepted. Offices in Cedar Rapids, Marion, Cedar Falls and Coralville.



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Dual Diagnosis Program Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402	319-398-6226	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Services provided for persons who have diagnoses of chemical dependency. The program has three levels of care based on the patient's severity of illness: Intensive Outpatient, Extended Outpatient, and Aftercare. Individual counseling education provided. Medicaid and private/commercial insurance accepted. Financial assistance available.
Iowa Substance Abuse Information Center	866-242-4111	Phones answered 24/7	Educational materials available. Referrals to treatment centers. Media resources. Training center. Behavioral health employer listing statewide database. www.drugfreeinfo.org
Mercy Hospital - Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402	319-398-6226	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Assessments, evaluations, OWI evaluations, school consultations, outpatient aftercare, family and education programs. Medicaid and private/commercial insurance accepted. Financial assistance available.
Narcotics Anonymous	800-897-6242	Hours vary	Regional meeting list can be found here: http://word.iowa-na.org/wpcontent/uploads/2018/08/Regional-Meeting-List-August-2018.pdf
Narcotics Anonymous - Online Support	800-897-6242	24 hours/day	Narcotics Anonymous Hotline provides telephone support for Iowa No fees



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Peer recovery coach; Cedar Rapids Counseling Professionals 375 Collins Road NE Ste. 118 Cedar Rapids, IA 52402	319-313-5620	M,Tu,W 9:00 AM - 6:30 PM Th 8:00 AM - 5:30 PM F 8:00 AM - 11:00 AM	General counseling services available. Christian based service also available which explores the processes of attachment that lead to addiction and examines the relationship between addiction and spiritual awareness. Addiction and Grace book group - Hours vary Private insurance accepted. No Medicaid.
SAMHSA's National Helpline	800-662-4357	24/7, 365 days a year	Free, confidential treatment referral and information service for individuals and families facing mental and/or substance use disorders.
St. Luke's Hospital Chemical Dependency 810 1st Ave NE, 1st Floor Cedar Rapids, IA 52402	319-363-4429	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Offers Collaborative Opioid Addiction Treatment (COAT) Group every Tuesday from 3-4:30 pm. The COAT group is a weekly treatment program used in conjunction with medications for an opioid use disorder. Offer substance abuse assessment and counseling. Also offer a Relapse Prevention Program, Substance Abuse Education/Prevention, and Substance Abuse Outpatient Services. Private insurance and Medicaid accepted.
Still Waters Recovery & Wellness 1120 Depot Ln SE #100, Cedar Rapids, IA 52401	319-350-9444	Tu,W,Th 10:00 AM - 6:00 PM by appointment only M,F	Christian based outpatient substance abuse group. Family support group to help families cope with the effects of addiction. Online meeting available. No Medicaid accepted, but treatment is on a sliding scale fee based on income. Self-filing of private insurance claims is available.



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Name & Location	Phone Number	Days/Hours	Services Provided
Tanager Place Mental Health Clinic 1030 5th Ave SE Cedar Rapids, IA 52403	319-286-4545	M,Tu,Th 8:00 AM - 7:00 PM W 8:00 AM - 6:00 PM F 8:00 AM - 4:30 PM	Tanager Place's Mental Health Clinic offers outpatient therapy for children with substance abuse issues. Children have the opportunity to work directly with a certified Drug and Alcohol Counselor to create an individualized treatment plan. www.tanagerplace.org Medicaid, Hawk-I, and private insurance accepted.
Veterans Affairs Community Based Outpatient Clinic 2230 Wiley Blvd. SW Cedar Rapids, IA 52404	319-369-4340	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Counseling for combat veterans of war. Substance abuse counseling available.
Your Life Iowa	855-581-8111 Call 855-895-8398 Text	24/7, 365 days a year	Free, confidential treatment referral and information service for individuals and families facing substance use disorders
TREATMENT FACILITIES			
ANCHOR Center 3115 12th St. SW Cedar Rapids, IA 52404	319-297-3500	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Residential treatment for women with serious mental illness or co-occurring mental health and substance use disorders. Referral and screening requirements.
ASAC Adult Residential 3601 16th Ave SW Cedar Rapids, IA 52401	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	22-bed residential substance abuse treatment program for men and women 18 years of age and older. Ten bed halfway house program. www.asac.us Medicaid and private insurance accepted. No Medicare.



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Name & Location	Phone Number	Days/Hours	Services Provided
Safe Place Foundation 529 6th Ave SE Cedar Rapids, IA 52403	319-366-3430 Leave message	9:00 AM - 9:00 PM	Substance free transitional housing program for homeless or near-homeless adult males.
Sedlacek Treatment Center 5975 Rockwell Drive NE Cedar Rapids, IA 52402	319-398-6226	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Offers outpatient treatment for substance use disorder and Relapse Prevention Program. Medicaid and private/commercial insurance accepted. Financial assistance available.
St. Luke's Chemical Dependency Services 1030 5th Ave SE Cedar Rapids, IA 52403	319-363-4429	M,Tu,Th 8:00 AM - 9:00 PM W,F 8:00 AM - 4:30 PM	Offers Comprehensive Evaluations, Intensive outpatient chemical dependency treatment, extended outpatient treatment, individual counseling, relapse prevention, aftercare, information and referral, intervention training, family counseling services, and consultations. Private insurance and Medicaid accepted.
UNUSED MEDICATION DROP OFF SITES			
Cedar Rapids Police Department 505 1st St SW Cedar Rapids, IA 52404	319-286-5491	24 hours per day	Drug disposal for expired, unused, or unwanted medications. Box is located in the lobby of the police station.
Hiawatha Police Department 101 Emmons St. Hiawatha, IA 52233	319-393-1212	24 hours per day	Drug disposal for expired, unused, or unwanted medications.



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Linn County Sheriff's Office 210 2nd Ave SW Cedar Rapids, IA 52404	319-892-6100	24 hours per day	Dispose of expired, unused, or unwanted prescription drugs and medications safely. White box is permanently mounted in the Sheriff's Office visitor's parking lot off the 2nd Ave entrance, near the handicap access ramp.
Lisbon Police Department 115 N. Washington Lisbon, IA 52253	319-455-2452	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Drug disposal for expired, unused, or unwanted medications. The box is located in the City Hall building on the second floor.
Marion City Police Department 3911 Katz Dr. Marion, IA 52302	319-377-1511	24 hours per day	Drug disposal for expired, unused, or unwanted medications. The yellow box is located outside of the police station.
Mount Vernon Police Department 213 1st St NW Cedar Rapids, IA 52405	319-895-6141	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Drug disposal for expired, unused, or unwanted medications