



MENTAL HEALTH & COUNSELING RESOURCES 2024

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
CRISIS SERVICES			
Foundation 2 Crisis Center 1540 2nd Avenue SE Cedar Rapids, IA 52403	319-362-2174 988	Phone lines answered 24 hours a day.	24-hour crisis counseling & referrals, suicide risk screening & intervention, Suicide Survivors Support Group, Dispatch for Mobile Crisis. https://foundation2.org/crisis/
Foundation 2 Mobile Crisis Outreach 1450 Boyson Road Hiawatha, IA 52233	988 The services are provided at no cost to you.	Mobile Crisis Outreach is available 24/7, 365 days a year. M,Tu,W,Th,F,Sa,Su	On-site crisis response that dispatches within 60 minutes to residential homes, businesses, schools, correctional institutions, shelters, hospitals and community spaces. Mobile Crisis Counselors provide on site assessment, crisis de-escalation, safety planning, counseling, referrals and follow-up with all clients. https://foundation2.org/mobile-crisis-outreach/
Mental Health Access Center 501 13th Street NW Cedar Rapids, IA 52405	319-892-5612	M,Tu,W,Th,F,Sa,Su 8:00 AM - 10:00 PM	Provides care for those experiencing a mental health or substance use disorder crisis that requires immediate attention. Refer to the website for the most up-to-date hours and services.
DOMESTIC & FAMILY VIOLENCE COUNSELING			
Iowa Domestic Abuse Program (IDAP) 951 29th Avenue SW Cedar Rapids, IA 52404	319-730-1136	M,Tu,W,Th,F 8:00 AM - 4:30 PM	IDAP consists of 24 sessions. Each session is two hours in length. Class times vary throughout the week. The cost of the program is \$500. The majority of clients are courtordered. Must be 18 or older to enroll.

For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cell phone at 319-739-4211, or 1-866-469-2211. 211 now has an app that can be downloaded by searching "211 Iowa" on either Apple App store or Google Play. For more information you can visit www.211iowa.org/211app. To obtain a copy of the Resource Charts, go to www.linncountyiowa.gov/communityservices or contact Linn County Community Services at 319-892-5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.



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Name & Location	Phone Number	Days/Hours	Services Provided
St. Luke's Child Protection Center 1095 North Center Point Rd. Hiawatha, IA 52233	319-369-7908	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Conducts interviews and exams of alleged child-abuse (sexual and physical) victims referred from DHS and law enforcement. Makes referrals for counseling. Care Program for drug endangered children - children exposed to drug during or after birth. Clients are referred by DHS, social worker or physician.
Waypoint Domestic Violence Program 318 5th St SE Cedar Rapids, IA 52401	319-363-2093 24-hour Crisis & Support 319-365-1458 Business 800-208-0388	24-hour Crisis & Support Line, emergency medical advocacy or legal system advocacy M,Tu,W,Th,F 8:00 AM - 5:00 PM	Waypoint provides support services to help victims and their families deal with the trauma of domestic violence, including individual and group counseling, support for youth and families, teen support, and advocacy within the medical, legal and social service systems. Waypoint is committed to providing comprehensive support services to anyone regardless of race, ethnicity, class or sexual identity. All domestic violence services are free and confidential. The Cedar Rapids office serves residents from Linn, Jones and Benton Counties. The Waterloo office serves residents of Black Hawk County. The Dubuque office serves residents of Dubuque, Buchanan and Delaware Counties.
FINANCIAL COUNSELING			



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Name & Location	Phone Number	Days/Hours	Services Provided
Consumer Credit Counseling Service of Northeastern Iowa 1003 W. 4th Street Waterloo, IA 50702	319-234-0661	M,Tu,W,Th 9:00 AM - 5:00 PM F 9:00 AM - 12:00 PM	COUNSELING: Counsels clients on how to manage their debt. CCCSIA sets up a system for bill paying that helps the client structure their finances. FINANCIAL LITERACY: Offers courses and workshops. MONEY MAP: Money Map is a program that consists of various courses: credit when credit is due, renting today, check wise, make your move, money motion, money and faith in motion, start right and build your own business. BUDGETING: Clients go over income, expenses, and credit report analyst
Financial Counseling Center 4403 1ST Avenue SE Ste. 411 Cedar Rapids, IA 52402	319-373-8297	Tu 9:30 AM - 4:00 PM W,Th,F 9:30 AM - 5:30 PM	Open to all. For those individuals that are in need of budget or money management improvement. The cost for service is based on a sliding fee scale.
Horizons Financial Wellness Center 819 5th Street SE Cedar Rapids, IA 52401	319-398-3576	Call for an appointment M,Tu,W,Th,F 8:30 AM - 4:30 PM	Budget Management Learn how to create a budget and manage your money. A budget can help you feel more in control of your finances and make it easier to save for your goals. Credit Counseling How can you improve your credit score and clean up your credit report? There is no magic formula, but we'll help you with strategies



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			<p>focused on using credit responsibly and opportunities for improvement.</p> <p>HUD-Certified Housing Counseling Our HUD-Certified counselors can help you determine if you are ready for homeownership and determine the steps you'll need to take before you buy and what to expect after you purchase your home.</p> <p>Student Loan Counseling Understand what student loans you need, learn what to expect as graduation draws near, get on track with a repayment plan and better understand loan forgiveness programs.</p> <p>Financial Literacy and Homeownership Classes Whether it's online or in person, we offer educational classes that help your overcome barriers and put you on the road to financial independence and stability.</p> <p>Representative Payee Program We support independent living for disabled adults with this program to handle bill paying and management of SSI and SSDI income. https://horizonsfamily.org/financialwellness/</p>
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Name & Location	Phone Number	Days/Hours	Services Provided
Iowa Mortgage Help Hotline	877-622-4866	M,Tu,W,Th 8:30 AM - 4:30 PM F 9:00 AM - 12:00 PM	Works with borrowers with any type of mortgage issue, including foreclosure. Free service. www.iowamortgagehelp.com 1st time home buyers, Payee services, credit counseling
GENERAL COUNSELING			
Catholic Charities 420 6th Street SE Ste 220 Cedar Rapids, IA 52401	319-364-7121	Evening appointments available. M,Tu,W,Th,F 8:30 AM - 5:00 PM F 8:30 AM - 2:30 PM	Professional counseling is available to adults, children, couples and families. Bilingual (English/Spanish) counseling available. Accepting Medicaid and offering a sliding fee scale for the uninsured. Free counseling is provided for unplanned pregnancies and post-abortion support (Project Rachel). Counselors help individuals and families find ways to cope with daily struggles and avoid crisis through early intervention. www.catholiccharitiesdubuque.org
Covenant Family Solutions 1655 Blairs Ferry Road Marion, IA 52302	319-261-2292	M,Tu,F 8:00 AM - 6:00 PM	Provides individual, couples and family counseling. Specialties include play therapy, depression, anxiety, and grief/loss, adjustment to medical concerns, addictions, and trauma. Accepted insurances: Wellmark BC/BS, Midland's Choice, Healthsmart, Coventry, Sigma, and several others. Also accepts Medicaid. Sliding fee scale. www.covenantfamilysolutions.com



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Name & Location	Phone Number	Days/Hours	Services Provided
Families First Counseling Services 411 3rd Street SE Ste. 160 Cedar Rapids, IA 52401	319-433-0395 877-433-0395 24 HR Emergency Number 888-316-3025	Monday - Friday Flexible hours including daytime and some evenings	Counseling/Therapy services: In-office mental health counseling and therapy for adults and children. Services include marriage, family, and individual counseling. Accepts Title 19 and private pay. Behavioral Health Intervention Services (BHIS): In-home services to address behaviors and skills your child may be struggling with including: anger management, aggression, defiance, problem solving skills, coping skills, and social skills. BHIS is provided by trained and compassionate staff using evidence based curriculum and activities to develop healthy and appropriate skills. Recipients are children between the ages of 4 and 18 who receive Title 19 and meet service qualifications. www.families-first.net
Family Psychology Associates 1221 Center Point Road NE Cedar Rapids, IA 52402	319-378-1199	M,Tu,W,Th 8:00 AM - 8:00 PM F 8:00 AM - 4:00 PM	Counseling for individuals, couples, children and families; accepts most health insurances and Title 19. Services include assessments/evaluations, therapy, and community consultation/education, play therapy, and psychological testing.
Harambee House 404 17th Street SE Cedar Rapids, IA 52403	319-366-1408	M,Tu,W,Th,F 9:00 AM - 4:00 PM	Access to public computers and phone. Bread/sweets available Tuesday until gone. Mental Health Services, hours vary. Clothing closet when staff is available (9 AM - 11 AM). Rental assistance to qualifying families.



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Name & Location	Phone Number	Days/Hours	Services Provided
Heart and Solutions 1630 42nd Street NE Cedar Rapids, IA 52402	800-531-4236	by appointment only. Flexible hours including days & some evenings. M,Tu,W,Th,F	Group, Family, Couple's, and Individuals for ages 3 and up. Behavioral Health Intervention Services. Accepts Title 19 (all MCOs), BC/BS, SED funding, MHDD funding, Crime Victim's Compensation, and private pay.
Keys to Living 1642 42nd St NE Cedar Rapids, IA 52402	319-377-2161	M,Tu 8:00 AM - 8:00 PM W,Th 8:00 AM - 5:00 PM F 8:00 AM - 2:00 PM	Individual and family counseling. Marriage counseling. Play Therapy and EMDR
Pediatric Counseling Center 375 Collins Rd NE Cedar Rapids, IA 52402	319-208-0175 Dr. Sandra Fischer Angela Cantrell	Phones answered 9 AM - 5 PM M,Tu,W,Th 8:00 AM - 6:00 PM F 8:00 AM - 12:00 PM	Pediatric Counseling Center's sole focus is providing quality, evidence-based therapy services to children and adolescents. Therapy services include individual therapy, trauma focused therapy, parent-child interaction therapy (PCIT) and play therapy.



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Planned Parenthood of the Heartland 3425 1st Avenue SE Cedar Rapids, IA 52402	319-363-8572	no clinician on Friday 2nd Saturday 10 AM - 3 PM M 9:00 AM - 5:00 PM Tu 12:00 PM - 8:00 PM W 9:00 AM - 3:00 PM Th 7:30 AM - 3:30 PM F 9:00 AM - 3:00 PM	Age-appropriate, medically accurate, comprehensive educational programming, including state and nationally approved research proven effective curricula. LGBT inclusive. Please check with your local Planned Parenthood center to determine exactly which services are offered there https://www.plannedparenthood.org/planned-parenthood-heartland



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Name & Location	Phone Number	Days/Hours	Services Provided
The Olson Marriage and Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402	319-368-6493	M,Tu,W,Th 10:00 AM - 9:00 PM F 10:00 AM - 5:00 PM Sa 8:00 AM - 2:00 PM	The Gerald and Audrey Olson Marriage and Family Therapy Clinic offers marriage and family therapy graduate students at Mount Mercy University the opportunity to provide low-cost mental health services to individuals, couples, and families in Cedar Rapids and the greater eastern Iowa area. Under the direct supervision of a licensed mental health practitioner, student interns are able to address a wide range of mental health concerns including Depression, Anxiety, Mood Disorders, Eating Disorders, Attention Deficit / Hyperactivity Disorder, Pervasive Developmental Disorders, Oppositional Defiant Disorder, Sexual Dysfunction. www.olsonmftclinic.com
United States Department of Veterans Affairs			We provide free, confidential counseling and treatment to Veterans for both mental and physical health problems linked to Military Sexual Trauma. MST refers to sexual assault or repeated, threatening sexual harassment which in the military. This could have occurred while the Veteran was serving on active duty, ADT, or inactive duty training. https://www.mentalhealth.va.gov/msthome.asp



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Name & Location	Phone Number	Days/Hours	Services Provided
Veterans Center 4250 River Center Ct NE Ste D Cedar Rapids, IA 52402	319-378-0016	M 8:00 AM - 7:00 PM Tu 8:00 AM - 4:30 PM W 8:00 AM - 6:30 PM Th 8:00 AM - 7:00 PM F 7:30 AM - 4:30 PM	Counseling for combat veterans of war. Family, material, alcohol, substance abuse and posttraumatic stress disorder counseling. Also serves survivors of military sexual trauma. Can see active military and provide treatment for family that has lost a loved one in the military. Counseling available on weekends by appointment only.
MENTAL HEALTH COUNSELING			
Abbe Center for Community Mental Health 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	M,Tu,Th 8:00 AM - 6:00 PM W 8:00 AM - 7:00 PM F 8:00 AM - 4:00 PM	Provide outpatient mental health services for children, adolescents, families and adults. Services include assessments/evaluations, therapy, medication management, crisis/emergency services as well as community consultation/education. www.abbe.org
Abbe Center: Club 520 Wellness Center 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	Tu,W,Th 1:00 PM - 4:00 PM F 1:00 PM - 3:45 PM	Consumer run, recovery focused social support center. Offers structured activities, social opportunities, vocational assistance and recovery support group. Dual recovery anonymous group available to individuals with mental illness and substance abuse issues. Saturday phone-in recovery group 1 - 2 PM.



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Name & Location	Phone Number	Days/Hours	Services Provided
Abbe Center: Community Support 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	M,Tu,Th 8:00 AM - 5:00 PM W 8:00 AM - 7:00 PM F 8:00 AM - 4:00 PM	Provides an array of home and community based services designed to assist individuals with a chronic mental illness in living as independently as possible in the community. Focus is on illness management and moving forward in the recovery process. Individual and group services offered. Nurses available to provide medication oversight.
Abbe Center: Intensive Psychiatric Rehabilitation 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	by appointment only. M,Tu,W,Th,F	The IPR curriculum allows the consumer to identify and overcome barriers to assist them in their recovery process. IPR does require individuals to be an active participant in the rehabilitation process. Individual and group (Cohort) services available. Living, Learning and Work Group Tuesday and Thursdays
Abbe Center: Life Skills 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	M,W 1:00 PM - 3:00 PM Tu,Th 10:00 AM - 12:00 PM	Habilitation service that assists individuals who have “stabilized” and now need ongoing skill development. Skills addressed are community integration, coping skills/problem-solving, independent living, leisure skills, developing support networks, and interpersonal skills.
Abbe Center: Transitional Living 520 11th Street NW Cedar Rapids, IA 52405	319-286-9822	Additional hours on Saturday, Sunday, & holidays M,Tu,W,Th,F 7:00 AM - 7:30 PM	Habilitation services (skill teaching) which focus on independent living skills are provided in the home or community setting.



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Name & Location	Phone Number	Days/Hours	Services Provided
Crisis & Assessment Services Mercy Medical Center 701 10th Street SE Cedar Rapids, IA 52403	319-398-6476	24/7	A mental health access program to provide information, referral, assessment, admission, insurance verification and easy access to mental health issues both public and private. Outpatient services available. Accepts crisis calls.
Family Psychology Associates 1221 Center Point Road NE Cedar Rapids, IA 52402	319-378-1199	M,Tu,W,Th 8:00 AM - 8:00 PM F 8:00 AM - 4:00 PM	Counseling for individuals, couples, children and families; accepts most health insurances and Title19. Services include assessments/evaluations, therapy, and community consultation/education, play therapy, EMDR (Eye movement desensitization and reprocessing) and psychological testing.
Four Oaks Mental Health Services 1924 D Street SW Cedar Rapids, IA 52404	844-364-0259 x6	Call to schedule, flexible appointments days, evening and weekends M,Tu,W,Th,F 8:00 AM - 5:00 PM	Office based individual and family therapy. In home or office based Behavioral Health Intervention Services (BHIS)



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Name & Location	Phone Number	Days/Hours	Services Provided
Life Connections 215 4th Ave SE STE 300 Cedar Rapids, IA 52401	319-364-1953 Front Desk	M,Tu,W,Th,F 9:00 AM - 5:00 PM	Life Connections provides mental health services for adults, children, and families through both in-person and telehealth appointments. Your provider will create a personalized treatment plan based on your needs, goals, and diagnosis. In addition to individual therapy; Life Connections also provides couples therapy, Applied Behavioral Analysis (ABA), Behavioral Health Intervention Services (BHIS), Children's Mental Health Waiver Services, and School-based therapy in select school districts. We accept all Medicaid MCO's as well as most private insurances. https://life-connections.org/
Lutheran Service Iowa, First Lutheran Church 1000 3rd Ave SE Cedar Rapids, IA 52403	563-582-0044 Office 888-457-4692 Intake	Some evening hours are available on a case by case basis and need M,Tu,W,Th,F 8:00 AM - 5:00 PM	Mental Health assessments; individual, family, couples and group psychotherapy; and behavioral intervention services (BHS) for individual, family and group, skill development. Psychoeducation and counseling.



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Name & Location	Phone Number	Days/Hours	Services Provided
Mental Health Jail Diversion Program 951 29th Avenue SW Cedar Rapids, IA 52404	319-826-0541	M,Tu,W,Th,F 2:00 PM - 11:00 PM	Provides correctional supervision and navigation for both the criminal justice and mental health systems for those with mental illness (or are dually diagnosed), brain injury, intellectual and developmental disabilities. Completes mental health assessments in the jail and community to determine eligibility. Coordinates community resources based on identified needs. Provides periodic progress reports to the court as needed.
Mercy Family Counseling 1340 Blairs Ferry Rd Ste. A Hiawatha, IA 52233	319-398-6575	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides services that address a whole range of individual, couple, and family issues. Families who have concerns about their child's behavior, emotional, attention or learning difficulties may seek help at Mercy Family Counseling. Counseling services for adults address marital and family difficulties, anxiety, depression, grief and adjustment to illness issues. Testing for all ages is available to evaluate personality, learning and neurobehavioral concerns. Has psychologists that specialize in Autism.
Mercy Medical Behavior Services 701 10th St SE Cedar Rapids, IA 52403	319-398-6553	24 hours a day, seven days a week.	Inpatient hospitalization for mental health/substance abuse patients requiring a safe, supportive environment. Mental Health Unit (locked) Services for individuals. For adults 18 years and older.



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Name & Location	Phone Number	Days/Hours	Services Provided
National Suicide Prevention Hotline	800-273-8255	24 hours a day	24-hour suicide prevention hotline.
PATH Homeless Outreach Program (Abbe) 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	by appointment only M,Tu,W,Th,F	Outreach to individuals experiencing homelessness that have unmet mental health needs. Assistance navigating the mental health systems and arranging for needed treatment. Referrals may come from self, family, shelters, mental health providers, law enforcement, etc.
St. Luke's Family Counseling Center 1077 North Center Point Road Hiawatha, IA 52233	319-369-7952	M,Tu,W,Th 8:00 AM - 5:00 PM F 8:00 AM - 4:00 PM	Marital, family and individual counseling.
St. Luke's Adult Partial Hospitalization 1030 5th Avenue SE Cedar Rapids, IA 52403	319-369-8176	M,Tu,W,Th,F 8:00 AM - 4:00 PM Program M,Tu,W,Th,F 9:00 AM - 3:30 PM	Assists adults who are experiencing life crisis or emotional problems. Provides intensive treatment while client remains outpatient. Offers goal setting and coping, social skills, therapy and talk groups, and adult partial program.



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Name & Location	Phone Number	Days/Hours	Services Provided
Tanager Place Mental Health Clinic 1030 5th Avenue SE Cedar Rapids, IA 52403	319-286-4545	M,Tu,Th 8:00 AM - 7:00 PM W 8:00 AM - 6:00 PM F 8:00 AM - 4:30 PM	Tanager Place's Mental Health Clinic provides comprehensive outpatient mental health services to children, adolescents and families. Professional staff offer medication management, individual and family therapy, play therapy, music therapy and applied behavior analysis for children with an autism spectrum disorder. Individualized care and specific treatment goals are established for all patients. www.tanagerplace.org
SUBSTANCE ABUSE & GAMBLING			
Alcoholics Anonymous	319-365-5955 888-425-4266	24 hours per day	Call for information on AA and al-anon meetings in Cedar Rapids area. www.al-anon-alateen.org or www.aa-cedarrapids.org . Can speak with a volunteer if support needed.
ASAC Adult Residential 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	22-bed residential substance abuse treatment program for men and women 18 years of age and older. Ten bed halfway house program. www.asac.us
ASAC Downtown Office: 317 7th Avenue SE Cedar Rapids, IA 52401	319-247-4873	by appointment M,Tu,W,Th,F 8:00 AM - 5:00 PM	Substance abuse assessments and individual and group treatment services for adults including extended outpatient, intensive outpatient and aftercare. Serves Spanish-speaking population. www.asac.us



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Name & Location	Phone Number	Days/Hours	Services Provided
ASAC East Office 4837 1st Avenue SE Cedar Rapids, IA 52402	319-447-1921	by appointment M,Tu,W,Th,F 8:00 AM - 5:00 PM	Substance abuse assessments and individual and group treatment services for adults including extended outpatient, intensive outpatient and aftercare. www.asac.us
ASAC Heart of Iowa 4050 Bowling Street SW Cedar Rapids, IA 52404	319-862-1050	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Residential, outpatient, and halfway house services for pregnant women and women with children. On-site housing for 36 families. www.asac.us
ASAC West Office 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Substance abuse assessments and individual and group treatment services for adults. Services include extended outpatient, intensive outpatient, aftercare, and family counseling for concerned others. Residential treatment for adults. Youth residential and outpatient programs. www.asac.us
ASAC Youth Services 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	24 hours a day M,Tu,W,Th,F 8:00 AM - 5:00 PM	Youth residential and outpatient services. ASAC's Youth Residential program has 22 beds for male and female adolescents ages 13 - 18. Joint program with Four Oaks. www.asac.us
Community Based Peer Support	319-398-3562	Hours vary	Peer Based Mental Health Support for experiences in the community. Individual and Group available.



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Iowa Substance Abuse Information Center	866-242-4111	Phones answered 24/7	Educational materials available. Referrals to treatment centers. Media resources. Training center. Behavioral health employer listing statewide database. Www.drugfreeinfo.org
Iowa Warm Line	844-775-9276	M,Tu,W,Th,F,Sa,Su 5:00 PM - 10:00 PM	Peer run, open to individuals for problem solving and support for mental health. Not a crisis line.
Mercy Hospital - Sedlacek Treatment Center 5975 Rockwell Drive NE Cedar Rapids, IA 52402	319-398-6226	Treatment is Monday - Thursday Counselors available M,Tu,W,Th,F 8:00 AM - 4:30 PM	Assessments, evaluations, OWI evaluations, school consultations, outpatient aftercare, family and education programs.
Prelude Behavioral Services 430 Southgate Avenue Iowa City, IA 52240	877-355-4804	24/7 crisis line available M,Tu,W,Th 8:00 AM - 8:00 PM	Problem gambling services, assessment and evaluation, family services, individual and group counseling, continuing care, financial counseling, transitional housing, and prevention/education. Inpatient unit.
St. Luke's Chemical Dependency Services 810 1st Avenue NE Cedar Rapids, IA 52403	319-363-4429	M,Tu,Th 8:00 AM - 9:00 PM W,F 8:00 AM - 4:30 PM	Chemical dependency evaluations, intensive outpatient treatment, aftercare, relapse prevention, intervention training, family and individual counseling and information and referral. Extended outpatient program. Dual diagnosis outpatient group.



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Tanager Place Mental Health Clinic 1030 5th Avenue SE Cedar Rapids, IA 52403	319-286-4545	M,Tu,Th 8:00 AM - 7:00 PM W 8:00 AM - 6:00 PM F 8:00 AM - 4:30 PM	Tanager Place's Mental Health Clinic offers outpatient therapy for children with substance abuse issues. Children have the opportunity to work directly with a certified Drug and Alcohol Counselor to create an individualized treatment plan. www.tanagerplace.org
The Salvation Army 1000 C Ave NW Cedar Rapids, IA 52405	319-364-9131	Closed 12 PM - 1 PM All days by appointment Breakfast served, 8 AM - 9 AM Lunch served, 12 PM - 1 PM M,Tu,W,Th,F 8:30 AM - 4:30 PM	The Salvation Army is both a social service and a religious organization. The Army practices an integrated ministry uniting spiritual, social and physical support. Seeks first to meet the immediate needs of families and individuals in crisis and stabilize their situations. Spiritual counsel is made available to those who seek it. The Salvation Army's core social services focus on meeting basic human needs. Locally, social service programs include emergency disaster services, senior activities, community meal and pantry program, homeless prevention and transportation assistance, holiday programs and youth activities. Transportation assistance may include tickets for the City bus and purchase of gas for qualifying individuals. The Salvation Army does not have volunteers to provide transportation. Rental and utility assistance.