



FOOD ASSISTANCE RESOURCES 2023

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
MEAL SITES			
Agape Cafe 26 Market St Iowa City , IA 52245	319-400-4879	W 7:30 AM - 9:00 AM	Meal site serving breakfast.
Brighton Community Church Pantry - Meal 101 S Mechanic St Brighton , IA 52540	319-694-2470	Th 6:00 PM - 7:00 PM	Meal offered on Thursday.
First Lutheran Church Saturday Evening Meal Program 1000 3rd Avenue SE Cedar Rapids, IA 52403	319-365-1494	(Evening Meal) Sa 4:30 PM - 5:30 PM	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service. Personal toiletries available on the 4th Saturday of the month.
First Presbyterian Church Sunday Evening Meal 310 5th Street SE Cedar Rapids, IA 52401	319-364-6148	(Evening Meal) Su 4:30 PM - 5:30 PM	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service. Will try to assist with other needs as well. Winter season coats available on limited basis. Occasionally sample sizes of personal toiletries available.
Free Lunch Program of Iowa City 1105 S. Gilbert Ct. #100 Iowa City , IA 52240	319-325-0652	M,Tu,W,Th,F,Sa 12:00 PM - 1:00 PM	Service lunch meal that may be accessed daily.
Green Square Meals 605 2nd Avenue SE Cedar Rapids, IA 52401	319-202-1515 text message	M,Tu,W,Th,F 4:00 PM - 5:30 PM	Warm, nutritious meals. No limitations or qualifications for service.

For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cell phone at 319-739-4211, or 1-866-469-2211. 211 now has an app that can be downloaded by searching "211 Iowa" on either Apple App store or Google Play. For more information you can visit www.211iowa.org/211app. To obtain a copy of the Resource Charts, go to www.linncountyiowa.gov/communityservices or contact Linn County Community Services at 319-892-5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.



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Name & Location	Phone Number	Days/Hours	Services Provided
Heritage Area Agency on Aging 6301 Kirkwood Blvd SW Cedar Rapids, IA 52404	319-398-5559	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Call for listing of senior dining locations and home-delivered meals in Benton, Cedar, Iowa, Johnson, Jones, Linn, & Washington Counties.
Meals for Love (The Salvation Army Meal Program) 1000 C Avenue NW Cedar Rapids, IA 52405	319-364-9131	Breakfast M,Tu,W,Th,F 8:00 AM - 9:00 AM Noon Meal, Except for major holidays M,Tu,W,Th,F 12:00 PM - 1:00 PM	Warm, nutritious breakfast and lunch meal. No limitations or qualifications for service.
Mission of Hope 1700 B Avenue NE Cedar Rapids, IA 52402	319-365-1785	Lunch available M,Tu,W,Th,F 12:00 PM - 1:00 PM	Services include free lunch and Bible study (M-F, 12-1), food pantry (M-F by appointment only), clothing closet (Thursdays 10 AM-2 PM), weekend meal sacks (Fridays, 10 AM-2 PM). Work Life classes and Faith & Finances classes available - visit www.missionofhopecr.org to learn more.
Resurrection Assembly of God 1330 Keokuk St Iowa City , IA 52240	319-333-6687	W 6:30 PM - 7:30 PM Su 9:30 AM - 10:00 AM	Breakfast is offered on Sunday and dinner is offered on Wednesday.
Shared Blessings 607 Lynn St Tipton , IA 52272	563-886-3239	Second and fourth Saturday of the month. Sa 11:00 AM - 12:00 PM	Lunch served twice per month.



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Name & Location	Phone Number	Days/Hours	Services Provided
St. Paul's United Methodist Church: Neighborhood Meal & Enrichment Program 1340 3rd Avenue SE Cedar Rapids, IA 52403	319-363-2058	(June - August) when school is not in regular session (Noon Meal) Closed on July 4th M,Tu,W,Th,F 12:00 PM - 1:00 PM	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service. Service is especially for children, families and others in need. St. Paul's serves Wellington Heights, Moundview and Oakhill neighborhoods.
The Salvation Army Soup Kitchen I.C 1116 Gilbert Ct Iowa City , IA 52240	319-337-3725	M,Tu,W,Th,F,Sa,Su 4:00 PM - 5:00 PM	Dinner meal offered daily.
OTHER FOOD			
Bridgehaven Pregnancy Support Center 701 Center Point Road NE Cedar Rapids, IA 52402	319-364-8967	M,Tu,W 10:00 AM - 5:00 PM Th 10:00 AM - 7:00 PM F 10:00 AM - 4:00 PM	Services provided to pregnant women and parents with children under 18. Referrals to other services. Must enroll in Earn While You Learn Program for men and women. Benefits provided to weekly class attendees. Interview necessary. Ultrasounds. Pregnancy testing. Post-abortion counseling. Adoption/childrearing counseling.
Christ Holiness Apostolic Temple: The King's Kitchen 355 19th Street SE Cedar Rapids, IA 52403	319-365-9594	3rd Wednesday of the month 1 PM - 3 PM Open last Friday of each month 1 PM - 3 PM Also available by appointment	Food available for people in need.



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Name & Location	Phone Number	Days/Hours	Services Provided
Cultivate Hope Corner Store - Matthew 25 604 Ellis Blvd NW Cedar Rapids, IA 52405	319-200-3150	M,Tu,W,Th,F,Sa 8:00 AM - 8:00 PM	A small grocery store that provides a convenient location for healthy, affordable food in a food desert neighborhood. Pick up some free produce from our Free Produce section. Shop for groceries at or below prices at other stores. Grab delicious heat-and-eat Good Meals To Go for \$5 or less. Check out our recipes, workshops and other educational resources. https://www.cultivatehopecornerstore.org/
Department of Human Services 1240 26th Avenue Court SW Cedar Rapids, IA 52401	319-892-6700	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Food assistance program offered. Must meet eligibility guidelines. Walk-ins accepted only if check-in paperwork is completed before 3:00 PM. Bring I.D. or drivers license for identification.
Elayne Fisher Community Cupboard / Unity Center Cedar Rapids 3791 Blairs Ferry Road NE Cedar Rapids, IA 52402		Tu 10:00 AM - 12:30 PM	Various food items and hygiene items are available
First Presbyterian Church - Marion 802 12th Street Marion, IA 52302	319-377-7309	Evenings By Appointment Tu,Th 1:00 PM - 3:00 PM	Food provided for those in need.
Gospel Tabernacle Church 2531 42nd Street NE Cedar Rapids, IA 52402	319-393-0118	By appointment	Provides food pantry to anyone in need. Must present photo ID.



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Groundswell Café - Matthew 25 201 3rd Avenue SW Cedar Rapids, IA 52404	319-200-2791	M,Tu,W,Th,F,Sa 7:00 AM - 2:00 PM	Our simple healthy menu features delicious soups, salads, sandwiches, and omelets with as much of the food as possible supplied by what we grow less than a mile away on our Cultivate Hope Urban Farm and in our on-site hydroponic garden. The rest of the food is sourced from local and organic suppliers. In addition to healthy local food, we also serve a selection of fair trade coffee and teas. At this cafe, guests can round up their bill or make a donation to help pay for a meal for someone who can't afford it. Those who can't afford to pay full price can order and enjoy our super-fresh, healthy food at a lower cost or no cost. https://www.groundswellcafe.org/
HACAP WIC 1515 Hawkeye Drive P.O. Box 490 Hiawatha, IA 52233	319-200-8650 319-366-7632 319-892-6023	Some evenings M,Tu,W,Th,F 8:00 AM - 4:30 PM	WIC program, for pregnant and postpartum women and children under the age of 5, is accessible through Family and Community Health Alliance. Provides nutritious food, nutrition education and referrals.
Heritage Area Agency on Aging 6301 Kirkwood Blvd SW Cedar Rapids, IA 52404	319-398-5559	Home-delivered noon meal for seniors M,Tu,W,Th,F 8:00 AM - 5:00 PM	Call for home delivered meal assistance in Benton, Cedar, Iowa, Johnson, Jones, Linn & Washington Counties. In Linn County, contact Horizons, a Family Service Alliance.



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Name & Location	Phone Number	Days/Hours	Services Provided
Horizons - A Family Service Alliance: Meals on Wheels 819 5th Street SE Cedar Rapids, IA 52401	319-398-3574	Serving hot meals (home delivery) M,Tu,W,Th,F	A hot noon meal is delivered to clients who are 60 years of age and older, homebound and unable to prepare a meal by themselves. Other meal options (i.e.: breakfast bag, liquid resources, etc.) are available to those enrolled in the program. Nutrition program available in Linn County; noon meals are served. Voluntary donations accepted. Please call for more information.
Kingdom Encounter Church Food Pantry 701 25th Street NE Cedar Rapids, IA 52402	319-200-5040	Sa 10:00 AM - 1:00 PM	Food pantry with clothing and shoes also available.
Lifeline Ministries 1101 Oakland Rd NE Cedar Rapids, IA 52402	319-366-1787	By appointment W 7:00 PM - 8:00 PM	Provides food pantry. Can be used three times per year. Must bring photo ID.
Linn County Veteran Affairs 1240 26th Avenue Court SW Cedar Rapids, IA 52404	319-892-5160	M,Tu,W,Th,F 7:30 AM - 4:00 PM	Income eligible Veterans seeking relief help can request Save A lot grocery gift card up to 3 times per year. Must provide DD214 discharge from military that shows 90 days active duty beyond ADT/schooling and Honorable Discharge https://www.linncountyiowa.gov/154/Veteran-Affairs



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Name & Location	Phone Number	Days/Hours	Services Provided
Loaves and Fishes Food Pantry 1030 5th Ave SE Cedar Rapids, IA 52403	319-491-6676	Tu 2:30 PM - 5:00 PM	Food pantry resources that may be accessed weekly. https://www.crwpc.org/loaves-and-fishes
Marion Methodist Church: Feeding Lunches to Youth (FLY) Program 1298 Seventh Avenue Marion, IA 52302	319-377-4856	Monday - Friday at noon when school is not in session during the summer months (June-August) & spring breaks	Serves free sack lunches to students; one sack per person. Lunches are served from noon until they are all gone or when there is no else to be served. Service is available in Marion and Cedar Rapids. Please call for service locations.
Mission of Hope 1700 B Avenue NE Cedar Rapids, IA 52402	319-365-1762	M,Tu,W,Th,F 12:00 PM - 1:00 PM	One bag of food given out per address, must wait at least two weeks in between visits. Free meals served Monday through Friday from 12:00 PM to 1:00 PM. Must show ID and complete intake form. Call to make appointment with Karen. Food bank 6 times per year
Northeast Linn Food Pantry: Falcon Center 137 North 4th Street Central City, IA 52214	319-438-6691	M,Tu,W,Th,F 8:00 AM - 3:00 PM	Food pantry resources available as often as needed.
Olivet Neighborhood Mission 230 10th Street NW Cedar Rapids, IA 52405	319-364-7946	Tu,W,Th,F,Sa 8:30 AM - 11:30 AM Sa 9:00 AM - 11:30 AM	Pantry is accessible weekly, but HACAP bakery, perishable items and produce are available daily.



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River of Life 3801 Blairs Ferry Rd NE Cedar Rapids, IA 52402	319-393-3709	W 8:00 AM - 10:00 AM	Choice food pantry resources that may be accessed monthly.
Springville Area Neighborhood Services Information (SANSI) 259 Broadway Street Springville, IA 52336	319-854-6100	M,Tu,W,Th 8:00 AM - 1:00 PM	Seven day supply of non-perishable foods. Can be accessed once per month. Limited to residents in the Springville Community School District, with a need for food. Please call ahead.
St. Vincent De Paul 928 7th Street SE Cedar Rapids, IA 52401	319-365-5091	Tu,W,Th,F 9:00 AM - 4:00 PM Sa 9:00 AM - 2:00 PM	Food pantry resources that may be accessed once every 30 days. Please call 319-365-5091 to order a same day pick up. You will be given a time to pick up your box when you call. Will need to show photo ID. www.crsvdp.org
The Freedom Foundation 4001 Center Point Rd. NE Cedar Rapids, IA 52402	319-826-2010	M,W 11:00 AM - 1:00 PM Th 10:00 AM - 11:15 AM Sa 10:00 AM - 12:00 PM	Food pantry for Veterans. Must present Veterans Administration ID or DD214 papers. Can access twice a month.



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Name & Location	Phone Number	Days/Hours	Services Provided
The Salvation Army Mobile Feeding Program 1000 C Avenue NW Cedar Rapids, IA 52405	319-364-9131	Every Saturday at Sites: Mission of Hope - 8 AM Overflow Shelter on 3rd Ave Times vary Willis Dady Shelter - 8:30 AM Salvation Army - 9 AM	The Army is using its mobile kitchen unit known as a canteen to provide food and outreach services. Those in need can receive breakfast items such as Oatmeal Danish and coffee along with a "to-go" sack lunch.
VA Community Resource and Referral Center (CRRC) 3117 1st. Ave SE Cedar Rapids, IA 52402	319-365-0898	M,Tu,W,Th,F 8:00 AM - 4:00 PM	Food pantry for VA eligible VETERANS only. Can be accessed once a month. Must provide discharge papers or VA ID card. Must be registered with VA
PANTRY			
Affordable Housing Network Pantry 3000 J St SW Cedar Rapids, IA 52404		M,Tu,W 1:00 PM - 3:00 PM	
Ainsworth Community Church 322 Washington St Ainsworth , IA 52201	319-657-3020	By appointment only	Food pantry
Allen Lincoln Douglas Project 512 6th St SE Cedar Rapids, IA 52401	319-359-0679	Open the First Saturday of the Month Sa 12:00 PM - 2:00 PM	Food Pantry.



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Name & Location	Phone Number	Days/Hours	Services Provided
Amana Community Food Pantry 1112 26th Ave Middle Amana, IA 52307	319-622-6155	Last Sunday of the Month Su 11:00 AM - 12:00 PM Second Wednesday of the Month W 5:00 PM - 6:00 PM	Pre-boxed food with some choice.
Anamosa High School Raider Market 209 Sadie St Anamosa, IA 52205	319-462-3594	Second and fourth Wednesday of the month. W 5:00 PM - 7:00 PM	School food pantry resources that may be accessed twice per month for students and family of students in the district,
Andrew's Christian Academy 2773 Edgewood Rd Cedar Rapids, IA 52411	319-389-8274	M,Tu,W,Th,F 4:15 PM - 5:00 PM	School food pantry
Apostolic Assembly Food Pantry 9527 HWY 151 Anamosa, IA 52205	319-462-4170	Second and Fourth Saturday of the Month Sa 10:00 AM - 12:00 PM	Food pantry offered twice per month with choice.
Benton County Food Pantry - Belle Plaine 1212 8th Ave Belle Plaine, IA 52208	319-444-3546	Tu 1:30 PM - 4:00 PM	Food pantry.
Benton County Food Pantry-Vinton 811 D Ave Vinton, IA 52349	319-551-2431	Tu 10:00 AM - 3:00 PM	Food pantry that may be accessed as often as needed.



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Name & Location	Phone Number	Days/Hours	Services Provided
Bethany Lutheran Food Pantry 2202 Forest Dr SE Cedar Rapids, IA 52403	319-364-6026	Su 1:00 PM - 3:00 PM	No requirements, everyone welcome. Household items and food available.
Bread of Life 1100 Hwy 38 North Tipton , IA 52772	563-357-4425	Third Saturday of the Month Sa 9:00 AM - 10:00 AM	Pre-boxed food pantry resources.
Brighton Community Church Pantry 101 S Mechanic St Brighton , IA 52540	319-694-2470	W 3:00 PM - 6:00 PM Th 5:00 PM - 8:00 PM Su 9:00 AM - 11:00 AM	Food pantry resource that may be visited as often as needed. Food may be available during off hours by appointment only. Call 319-548-0073.
Catherine McAuley Center 1220 5th Ave SE Cedar Rapids, IA 52403	319-363-4993	M,Tu,W,Th,F 8:00 AM - 4:00 PM Sa 8:00 AM - 12:00 PM	Food pantry and personal care items https://cmc-cr.org/
Cedar Hill Community Church: Open Hands Food Pantry 6455 E Avenue NW Cedar Rapids, IA 52405	319-848-7348	M 5:00 PM - 6:00 PM W 10:00 AM - 12:00 PM	Food pantry resources available twice per month.



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Name & Location	Phone Number	Days/Hours	Services Provided
Central City United Church of Christ Food Pantry 38 N. 5th Street Central City, IA 52214	319-329-3271	Anytime by appointment W 5:00 PM - 6:00 PM	Provides food and toiletries for eligible people.
Church of God 7th Day Food Pantry 1691 Airport Road Marion, IA 52302	319-438-6454	Th 12:00 PM - 3:00 PM	Food and clothing given away every Thursday, free of charge. Anyone is eligible. On each visit, the name, address, and number of members in the household are required in order to receive food.
Churches of Marion Pantry 864 12th Street Marion, IA 52302	319-377-2185	Delivery Available for those living in Marion. Can access form through Facebook Page or call (319)377-2185 Tu,Th 1:00 PM - 3:00 PM	Food provided for those in need.
Coe College Food Pantry 1220 1st Ave NE, Gage Union Cedar Rapids , IA 52402	319-399-8815	24/7	Food pantry resources available 24/7 for Students/Families and Staff only (Student/Staff ID will gain you access to pantry).



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Name & Location	Phone Number	Days/Hours	Services Provided
CommUnity 1045 Hwy 6 East Iowa City , IA 52240	319-351-0128	M,W,F 12:00 PM - 4:47 PM Tu 12:00 PM - 7:00 PM Th 9:30 AM - 4:30 PM Sa 9:30 AM - 2:00 PM	Food pantry resources. https://builtbycommunity.org/foodbank/
Coralville Community Food Pantry 804 13th Ave Coralville, IA 52241	319-377-3663	Tu 2:00 PM - 6:00 PM W 5:00 PM - 7:00 PM Th 10:00 AM - 12:00 PM Sa 10:30 AM - 1:00 PM	Food pantry resources available on a weekly basis.
Ely Friends of the Public Library 1595 Dows St Ely, IA 52227	319-848-7616	24/7	Food pantry resources that may be accessed as often as needed.
Empowering Youths of Iowa 1800 1st Ave NE Cedar Rapids , IA 52402	319-377-3227	M,Tu,W,Th,F 10:00 AM - 5:00 PM	Food pantry resources that may be accessed as often as needed.



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Name & Location	Phone Number	Days/Hours	Services Provided
English Valleys School Food Pantry 211 College Street North English, IA 52316	319-664-3638	First Sunday of the Month Su 1:00 PM - 3:00 PM Third Wednesday of the Month W 3:30 PM - 5:30 PM	Choice food pantry resources for English Valleys Students
Fairfax Public Library 313 Vanderbilt St. Fairfax, IA 52228	319-846-2994	M,Tu 12:00 PM - 7:00 PM W,Th 10:00 AM - 7:00 PM F 12:00 PM - 6:00 PM Sa 9:00 AM - 2:00 PM	Choice food pantry that may be accessed as needed.
Fairview Mennonite Church Pantry 902 10th Street Kalona, IA 52247	319-430-8759	First Tuesday of the month Tu 9:30 AM - 11:30 AM	Choice food pantry
First Baptist Church - Marion: 29th Street Mission 1260 29th Street Marion, IA 52302	319-377-3275	Tu,Th 9:00 AM - 11:00 AM	Food pantry. Once a week emergency supply of food for those in need.
First Church of the Open Bible 1911 E Avenue NW Cedar Rapids, IA 52405	319-721-1987	4th Saturday of the Month Sa 10:00 AM - 12:00 PM	Food available for people in need.



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Name & Location	Phone Number	Days/Hours	Services Provided
First Presbyterian Church Iowa County 504 S Highland St Williamsburg, IA 52361	319-668-1375	First and third Thursday of the month Th 10:00 AM - 12:00 PM	Food pantry resources
First United Church of Christ 600 Mulberry St Tipton, IA 52772	563-886-6361	Second and Fourth Wednesday of the month W 3:30 PM - 6:00 PM	Choice food pantry that may be accessed as needed.
Four Oaks Harambee House 404 17th St SE Cedar Rapids, IA 52403	319-3661408	W 2:00 PM - 5:00 PM	Food Pantry
Garrison Library Food Pantry 201 E Pine St. Garrison, IA 52229	319-477-5531	First and Third Wednesday of the Month W 2:30 PM - 5:30 PM	Food pantry resources that may be accessed twice per month.
Goosetown 310 N Johnson St Iowa City , IA 52245	319-668-1145	Tu 4:30 PM - 6:30 PM	School food pantry resources that may be accessed weekly for Horace Mann families only.
Grant Wood Elementary Pantry 645 26th St SE Cedar Rapids, IA 52403		Th 4:00 PM - 6:00 PM	



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Name & Location	Phone Number	Days/Hours	Services Provided
HACAP- Washington County 2175 Lexington Blvd. Washington, IA 52353	319-653-2069	M,Th 1:00 PM - 4:30 PM Tu,W,F 8:00 AM - 11:30 AM	Food pantry resources that may be accessed monthly.
Hawthorne Hills 2283 C St. SW Cedar Rapids, IA 52404	319-573-0050	Th 2:00 PM - 4:00 PM	Food pantry resources that may be accessed weekly.
Hiawatha Food Pantry 603 Emmons St Hiawatha, IA 52233	319-558-2646	F 2:45 PM - 4:00 PM	School food pantry that may be accessed weekly.
Hillside Wesleyan Church Food Pantry 2600 1st. Ave. NW Cedar Rapids, IA 52405	319-846-2010	Second and Fourth Thursday of the Month. Th 10:00 AM - 1:00 PM	Food pantry resources that may be accessed twice per month.
HLV Food Pantry 402 5th St Victor , IA 52347	319-647-2161	Second and Fourth Thursday of the Month. Th 5:00 PM - 6:30 PM	Choice food pantry open to the public.
Hoover Community School Pantry 4141 Johnson Ave NW Cedar Rapids , IA 52405	319-558-2647	First and Third Friday of the Month. F 3:00 PM - 5:00 PM	School food pantry open to the public and may be accessed twice per month.



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Name & Location	Phone Number	Days/Hours	Services Provided
Hope Matters 115 1st Ave E Walford, IA 52351	319-845-3085	W 3:00 PM - 5:00 PM	Food pantry resources that may be accessed weekly.
House of Plenty 1103 J Ave Kalona, IA 52247	319-656-2298 Please call to arrange an appointment time.	By Appointment Tu,W,F 8:30 AM - 3:30 PM	Food pantry resources available weekly by appointment. Please call to arrange an appointment time.
IC Compassions Food Pantry 1035 Wade Street Iowa City , IA 52240	319-330-9883	W 12:00 PM - 5:00 PM	Food pantry resources available weekly.
Kennedy High School Food Pantry 4545 Wenig Rd. NE Cedar Rapids, IA 52402	319-558-1488	Tu 2:30 PM - 3:30 PM F 1:00 PM - 2:00 PM	Food pantry resources for students that may be accessed as often as needed.
Kingdom Encounter Church 701 25th St. NE Cedar Rapids , IA 52402	319-743-5455	Sa 10:00 AM - 1:00 PM	Food pantry resources available weekly .
Kings Kitchen 365 19th St. SE Cedar Rapids, IA 52403	319-365-9594 Can call with a food emergency.	First, third, and fourth Saturdays. Sa 12:00 PM - 3:00 PM	Food pantry resources that may be accessed three times per month. Emergency assistance may be available by calling.
Kirkwood Community College IC 1816 Lower Muscatine Road Iowa City , IA 52240	954-608-8375	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Food pantry resources that may be accessed weekly for students, faculty, and staff.



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Kirkwood Community College Pantry 6301 Kirkwood Blvd. SW Cedar Rapids, IA 52404	319-398-4506	Fall/ Spring M,Tu,W,Th,F 8:00 AM - 5:00 PM Summer M,Tu,W,Th 8:00 AM - 5:00 PM F 8:00 AM - 12:00 PM	Food pantry resources available weekly for students.
Linn Community Food Bank Pantry: First Presbyterian Church 310 5th Street SE Cedar Rapids, IA 52401	319-431-8177	M,W,F 1:00 PM - 3:00 PM	Food pantry resources that may be accessed 24 times per year. www.linncommunityfoodbank.org
Lone Tree Community Schools Food Pantry 303 S Devoe St Lone Tree, IA 52755	319-629-4213	W 2:30 PM - 5:00 PM	School food pantry resources that may be accessed as much as needed for Lone Tree District families only.
Madison Elementary 1341 Woodside Dr. NW Cedar Rapids, IA 52405	319-558-2473	M,Tu,W,Th,F 8:10 AM - 4:10 PM	School food pantry resources available as needed for students and their families.
Marengo Food Distribution 1015 Court Avenue Marengo, IA 52301	319-929-5642	First Tuesday of the Month Tu 11:00 AM - 3:00 PM Fourth Tuesday of the Month Tu 4:00 PM - 6:00 PM	Food pantry resources.



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Mark Twain / Lucas Farms Food Pantry 1609 Deforest Ave Iowa City , IA 52240		Second and Fourth Wednesday of the Month W 3:00 PM - 6:00 PM	School food pantry that may be accessed as needed.
McKinley STEAM Academy 620 10th St. SE Cedar Rapids , IA 52403	319-558-2348	M,Tu,W,Th,F 7:50 AM - 2:50 PM	School food pantry available to students and families as often as needed. Resources may also be available after school.
Mechanicsville Community Cupboard 307 East 1st St. Mechanicsville, IA 52306	319-310-7425	Fourth Saturday of the Month Sa 9:00 AM - 10:00 AM Second and Fourth Thursday Th 6:00 PM - 7:00 PM	Food pantry resources that may be accessed twice per month.
Metro Catholic Outreach 420 6th Street SE Cedar Rapids, IA 52401	319-739-5490 Call to make an appointment to access food pantry resources.	Tu 5:00 PM - 5:30 PM W 1:00 PM - 3:00 PM Th 10:00 AM - 12:00 PM	Food pantry resources that may be accessed as often as needed by appointment.
Mike Wood Memorial Food Pantry 118 Clinton St Palo, IA 52324	319-361-5923	Th 4:00 PM - 6:00 PM	Food pantry resources available weekly.



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Monticello Food Pantry 211 West First Street Monticello, IA 52310	319-480-5628	M 5:00 PM - 7:00 PM F 2:00 PM - 4:00 PM	Food pantry resources that may be accessed monthly.
Mount Mercy Mustang Market 1330 Elmhurst Dr NE Cedar Rapids, IA 52402	319-363-1323	M,W 2:00 PM - 5:00 PM F 12:00 PM - 4:00 PM	Food pantry resources available to Mt. Mercy students, faculty, and staff.
Mount Zion Missionary Baptist Church 6621 C Ave NE Cedar Rapids, IA 52402	319-721-7146	Sa 1:00 PM - 3:00 PM	Food pantry resources available that may be accessed weekly.
North Liberty Baptist Church 1215 Jordan Street St # A-5 North Liberty , IA 52317	319-594-2873		Food pantry resources available by appointment only.
North Liberty Community Pantry 85 North Jones Blvd. North Liberty, IA 52317	563-212-0305	M,W,Sa 10:00 AM - 12:00 PM Tu,Th 10:00 AM - 12:00 PM 3:00 PM - 6:00 PM	Food pantry resource that may be accessed weekly.



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Open Heartland 3 E Benton Street Iowa City, IA 52244		2-5 M-W, 10-@ Th-F and 4:30-6:30 Saturday M,Tu,W,Th,F	
Oxford Junction Food Pantry 102 West Church St. Oxford Junction , IA 52323	563-748-7755	Second and Fourth Saturday of the Month Sa 9:30 AM - 10:30 AM	Food pantry resources that may be accessed twice per month.
Peace Church Community Pantry 414 Maple St Bennett , IA 52721	563-893-2565	First, Second, Third, and Fourth Tuesday of the Month. Tu 4:00 PM - 6:00 PM	Choice food pantry that may be accessed as often as needed.
Prairie Cares Market 401 76th Ave SW Cedar Rapids, IA 52404	319-848-5340	M,Tu,W 3:25 PM - 4:15 PM Th 4:15 PM - 6:15 PM F 3:25 PM - 6:15 PM	School food pantry resources that may be accessed as often as needed.
Resurrection Assembly of God 1330 Keokuk St Iowa City , IA 52240	319-853-8664	Tu,Th,F	Food pantry resources available by appointment.
Roosevelt Family Food Pantry 300 13th St. NW Cedar Rapids, IA 52405	319-558-2660	F 12:00 PM - 2:00 PM	School food pantry for students and their families. Resources may be accessed on a weekly basis.



FOOD ASSISTANCE RESOURCES 2023

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
Sacred Heart Food Pantry- Walker 516 Rowley St. Walker, IA 52352	319-448-4241	Tu,Th 2:00 PM - 5:00 PM W 12:00 PM - 5:30 PM	Food pantry resources that may be accessed on a monthly basis by appointment only.
Senior Grocery Sack 608 First Ave. Vinton , IA 52349	319-472-4814	Tu 11:30 AM - 12:00 PM	Senior grocery sack for those 65+. Must be pre-registered. Drive through model. Contact for food emergencies outside of regular hours.
Solon Community Food Pantry 122 N West Street Solon, IA 52333	319-430-8655	M	Food pantry resources that may be accessed weekly.
Southeast Linn Community Center 108 South Washington Lisbon, IA 52253	319-455-2844	M,Tu,W,Th,F 9:00 AM - 4:00 PM	Participants receive supplemental supply of groceries on a weekly basis by appointment. The amount of food is dependent on house size. Delivery is available to anyone who is homebound or lacks transportation (not just seniors). Emergency food assistance is also available. Must be a resident of the Lisbon or Mount Vernon School District.
St Andrew Presbyterian Church 140 Gathering Place Lane Iowa City , IA 52246	319-338-7523	Fourth Wednesday of the month W	Food bag distribution at Pheasant Ridge Neighborhood Center that may be accessed monthly.
St John's United Church of Christ Food Pantry 320 9th Ave. Clarence, IA 52216	563-452-3022	W 5:30 PM - 6:30 PM	Food pantry resources that may be accessed weekly.



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Name & Location	Phone Number	Days/Hours	Services Provided
St Joseph Food Pantry 209 Brady St Hills , IA 52235	319-600-2104	W 10:00 AM - 12:00 PM	Food pantry resources that may be accessed weekly.
St Marks UMC 4700 Johnson Ave NW Cedar Rapids, IA 52405	319-396-9614	Second and fourth Thursday of the month Th 11:00 AM - 12:00 PM	Food pantry resources that may be accessed twice per month.
St Mary's Urbana Food Pantry 402 Ash Ave Urbana, IA 52345	319-560-4907		Food pantry resources that may be accessed by appointment.
St Raphael of Brooklyn Orthodox Church Food Pantry 722 E College Street Iowa City , IA 52240	319-337-6784	M 2:00 PM - 5:00 PM W,Th 11:00 AM - 2:00 PM F 9:15 AM - 1:00 PM Su 9:00 AM - 1:00 PM	Choice food pantry resources that may be accessed as needed.
Summit View Food Pantry 100 Hames St SW Cedar Rapids , IA 52404		Tu,Th 10:00 AM - 4:30 PM	
The Lighthouse Center 604 S Iowa Ave Washington, IA 52353	319-931-3680	M,Tu,W,Th,F 8:00 AM - 8:00 PM	Food pantry resources that may be accessed weekly.



FOOD ASSISTANCE RESOURCES 2023

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Name & Location	Phone Number	Days/Hours	Services Provided
The Salvation Army Food Pantry 1000 C Avenue NW Cedar Rapids, IA 52405	319-364-9131	W 1:30 PM - 3:30 PM	Food pantry resources that may be accessed monthly.
Together We Achieve 1150 27th Avenue SW Cedar Rapids, IA 52404	319-432-9754	Sa 12:00 PM - 2:00 PM Hot Meal Tu,W,Th,F 4:30 PM - 6:30 PM	Food pantry resources. www.togetherweachieve.org
United We March Forward 214 13 St SE Cedar Rapids, IA 52403		Tu 10:00 AM - 4:00 PM	Staff speak Swahili, French, and Kirundi
Van Buren Elementary School Pantry 2525 29th St. SW Cedar Rapids, IA 52404	319-558-3284	M,Tu,W,Th,F 8:00 AM - 4:00 PM	School food pantry resources available as needed.
WACO School Pantry 105 N Chestnut St Crawfordsville, IA 52621	319-461-0532	First and third Thursday of the month. 2-3:30 pm reserved for 60+. Th 2:00 PM - 3:30 PM First and third Thursday of the month. 3:30 - 6 pm reserved for all others. Th 3:30 PM - 6:00 PM	School food pantry resources that may be accessed twice per month.



FOOD ASSISTANCE RESOURCES 2023

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Washington (CR) High School Pantry 2205 Forrest Dr. SE Cedar Rapids, IA 52403	319-521-9551	Tu,Th 9:00 AM - 2:00 PM	School food pantry resources that may be accessed as often as needed for students and their families, faculty and staff.
Wellington Heights Pantry at FCC 361 17th St SE Cedar Rapids , IA 52403	319-362-1926	Second and fourth Sunday of the month. Su 1:30 PM - 3:30 PM	Food pantry resources that may be accessed twice per month.
Wesley United Methodist Pantry 516 2nd Ave Vinton , IA 52349	319-472-3034	Third Saturday of the month. Sa 10:00 AM - 11:00 AM	Food pantry resources that may be accessed monthly.
West Side Pantry (Jefferson High School) 1243 20th St. SW Cedar Rapids, IA 52404	319-558-3242	Th 3:00 PM - 3:30 PM	School food pantry resources that may be accessed weekly and may be ordered ahead with a google doc. Available for students and their families.
Westdale Community Church 3211 Edgewood Rd SW Cedar Rapids, IA 52404	319-329-5939	Second Saturday of the month. Sa 10:30 AM - 12:30 PM	Food pantry resources that may be accessed monthly.
Williamsburg Community Schools Pantry 810 Walnut Street Williamsburg, IA 52361	319-668-1059	Th 5:00 PM - 6:00 PM Sa 9:00 AM - 11:00 AM	School food pantry resources that may be accessed as often as needed and is open to community.
Wyoming Methodist Food Pantry 107 North Washington St. Wyoming, IA 52362	563-488-3402	Sa 6:30 PM - 7:30 PM 9:30 AM - 10:00 AM	Food pantry resources.