



# DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>ADVOCACY &amp; INFORMATION</b>			
<b>Brain Injury Alliance of Iowa</b> 1446 S. First Ave Iowa City, IA 52240	319-393-1202 855-444-6443	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides information, advocacy and support groups for people with brain injury and their loved ones. BIAIA provides a service free of charge to help Iowans choose, get and keep needed services and supports. Please call 855-444-6443 or visit <a href="http://www.biaia.org">www.biaia.org</a> for more information.
<b>Cedar Rapids Civil Rights Commission</b> 50 2nd Avenue Bridge Cedar Rapids, IA 52401	319-286-5036	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Ensures compliance with The Americans with Disabilities Act of 1990 (ADA), which prohibits discrimination on the basis of disability in the areas of credit, education, employment, housing and public accommodations and Sections 501 and 505 of the Rehabilitation Act of 1973, which prohibits employment discrimination of persons with disabilities in the federal sector. <a href="http://www.cedarrapids.org/local_government/city_boards_and_commissions/civil_rights_commission.php">http://www.cedarrapids.org/local_government/city_boards_and_commissions/civil_rights_commission.php</a>
<b>Disability Rights Iowa</b> 400 East Court Avenue Des Moines, IA 50309	515-278-2502 800-779-2502	M,Tu,W,Th,F 8:00 AM - 5:00 PM Intake hours M,Tu,W,Th,F 9:00 AM - 12:00 PM	Protects the human and legal rights of all persons with disabilities in Iowa.

For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cell phone at 319-739-4211, or 1-866-469-2211. 211 now has an app that can be downloaded by searching "211 Iowa" on either Apple App store or Google Play. For more information you can visit [www.211iowa.org/211app](http://www.211iowa.org/211app). To obtain a copy of the Resource Charts, go to [www.linncountyiowa.gov/communityservices](http://www.linncountyiowa.gov/communityservices) or contact Linn County Community Services at 319-892-5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Heritage Area Agency on Aging</b> 6301 Kirkwood Blvd. SW Cedar Rapids, IA 52406	319-398-5559 800-332-5934	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Provides resource information, referrals for services, long-term options counseling and supports for Benton, Cedar, Iowa, Johnson, Jones, Linn and Washington Counties for older adults and adults with disabilities. Also provides local, state and federal benefits and Medicare counseling, including assistance with completing applications.
<b>Iowa Compass &amp; Iowa Program for Assistive Technology</b> 100 Hawkins Drive Iowa City, IA 52242	800-779-2001 877-686-0032 TTY	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Specialized information and referral services for persons with disabilities and their support networks. Can provide referrals for local, state, and national resources and services. Can search for assistive technology products and funding. Also has a used equipment referral listing. <a href="http://www.iowacompass.org">www.iowacompass.org</a>
<b>Iowa Legal Aid</b> 317 7th Avenue SE Cedar Rapids, IA 52401	319-364-6108 800-332-0419	In person assistance hours. New intakes by phone: Monday-Friday 9 AM - 11 AM Monday, Tuesday, Wednesday & Friday 1:30 PM - 3:30 PM Interpreters provided M,Tu,W,Th,F 8:30 AM - 4:30 PM	Can assist with housing, employment, and education, as well as special education issues, SSI and other disability-related legal issues. Free legal services provided for people who meet income and asset guidelines. Also works with family law, consumer and finance, and other civil law matters. Does not accept criminal cases. <a href="http://www.iowalegalaid.org">www.iowalegalaid.org</a> If an emergency, new applications are accepted at any time.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Iowa Office of Persons with Disabilities</b> 321 E. 12th Street Des Moines, IA 50319	515-242-5655 Iowa Department of Human Rights	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Offers technical assistance, information and referral concerning matters of employment, housing, accessibility, transportation, education, programs and services. The Iowa Client Assistance Program (ICAP) is a program designed to help persons who are seeking or receiving services from an agency funded by the Rehabilitation Act. Operates youth and college leadership forums.
<b>Linn County Mental Health Advocate</b>	319-832-1348	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Serves as a liaison and advocate for persons under a mental health committal
<b>NAMI</b> PO Box 945 Cedar Rapids, IA 52406	319-832-1348	Contact & leave a message M,Tu,W,Th,F 8:00 AM - 8:00 PM	Provides peer support and advocacy through empowerment for persons with mental illness, support for family members and friends of persons with mental illness and support for parents of children and teens with Serious Emotional Disturbance. Also sponsors educational forums.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>PADS</b> PO Box 883 Cedar Rapids, IA 52406	319-310-7716	Information available Monday F	PADS is devoted to improving the lives of people with disabilities through peer support and community activism. Since its inception in January 2003, PADS has been a unique group based in Linn County that is dedicated to the empowerment of people with disabilities by people with disabilities. There are many ways for people to get involved; attend membership meetings, take part in training opportunities and community advocacy, get involved in the annual ADA Celebration and social events (like the holiday party, the picnic, and more). PADS is free and welcomes new members. PADS is also for family members, providers of services, vendors, professionals and anyone from the community.
<b>The Arc of East Central Iowa</b> 680 2nd Street SE Cedar Rapids, IA 52401	319-365-0487	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides advocacy, family support and information for families and individuals. Provides services for children and adults with intellectual and other related developmental disabilities in their home and community.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Thrive Together</b> 1660 42nd St NE Ste R Cedar Rapids, IA 52402	3195317719	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Thrive Together is a 501(c)3 non-profit that works to help improve the lives of Deaf, Hard of Hearing, and individuals with hearing loss. We offer a variety of culturally specific services that include but are not limited to, a crisis hotline, advocacy, and peer support. We strive to help individuals THRIVE. We are here to stand with you through the hard times, and celebrate with you through your victories. <a href="https://www.thrivetogethertoday.org/">https://www.thrivetogethertoday.org/</a>
<b>CAMPS &amp; RESPITE</b>			
<b>Camp Courageous of Iowa</b> 12007 190th Street Monticello, IA 52310	319-465-5916	M,Tu,W,Th,F 8:00 AM - 4:00 PM	Provides a year-round camp for individuals with disabilities and short-term respite care of an individual with a disability that is living at home. Respite care arrival time is 7:00 PM on Friday and departure time is 1:00 PM on Sunday. Emergency respite care also available.
<b>Easter Seals Center; Camp Sunnyside</b> 401 NE 66th Avenue Des Moines, IA 50313	515-289-1933	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Offers a camp for persons with disabilities. Loans durable medical equipment and assistive technologies, (equipment loan, demonstration center and lending library) to individuals who cannot afford to buy them. Rural solutions program available for farmers or family members with disabilities.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Family Systems</b> 625 South Gilbert Street Iowa City, IA 52240	319-654-9195	Respite services available 24 hours per day, seven days per week M,Tu,W,Th,F 8:00 AM - 5:00 PM	Offers respite services for families of children or adults. Family Systems offers respite through the Children's Mental Health Waiver.
<b>Systems Unlimited</b> 2533 Scott Blvd SE Iowa City, IA 52240	319-338-9212 x136	Respite services available 24 hours per day, seven days per week M,Tu,W,Th,F 8:00 AM - 5:00 PM	Offers respite services for families of children or adults. Family Systems offers respite through the Children's Mental Health Waiver.
<b>The Arc of East Central Iowa</b> 680 2nd Street SE Cedar Rapids, IA 52401	319-365-0487	Services available any day of the week any time of the day M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides summer day programming. Individual and group respite services provided in the home and community.
CASE MANAGEMENT SERVICES			
<b>Abbe Integrated Health Home</b> 317 7th Ave SE, Ste 302A Cedar Rapids, IA 52401	319-261-0576	M 8:00 AM - 5:00 PM Tu,W,Th 8:00 AM - 4:30 PM F 8:00 AM - 4:00 PM	Provides assessment, planning, coordination of services, monitoring and crisis intervention for adults over the age of 18 with mental illness.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Access2Independence</b> 601 2nd Ave SE , Ste 4 Cedar Rapids, IA 52401	319-366-3755	M,Tu,W,Th,F 10:00 AM - 4:00 PM	Center for independent living. Provides services including information and referral, advocacy, independent living skills training, peer counseling, and transition services. Transition services include students transferring from school to work and people with disabilities who wish to transition from nursing home to community. Works with people with disabilities providing case management and setting and achieving goals.
<b>Department of Human Services (DHS) Case Management Waiver</b> 1240 26th Ave Court SW Cedar Rapids, IA 52404	319-892-6800	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides case coordination and case management for Linn County children under the age of 18 with a Serious Emotional Disorder who have a slot assigned and are on the Children's Mental Health Waiver Program. Services are approved through an application process. Services can be purchased to assist those on the CMH Waiver to maintain their mental health and remain in their homes.
<b>DAYCARE</b>			
<b>Milestones Adult Day Health Centers</b> 1080 Cardinal Drive Marion, IA 52302	319-373-3494	M,Tu,W,Th,F 7:00 AM - 5:00 PM	Community-based adult day health center is designed to help challenged adults remain independent in the community. Provides respite services for caregivers. Services provided on a sliding-fee schedule. Alzheimer's and Dementia unit provided as well.



# DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>The Arc of East Central Iowa</b> 680 2nd Street SE Cedar Rapids, IA 52401	319-365-0487	M,Tu,W,Th,F 8:00 AM - 4:30 PM Program Hours M,Tu,W,Th,F 6:30 AM - 6:00 PM	“Beginnings” offers structured enrichment activities to children from birth to age 5. “Basics” serves elementary age children (K-5) with and without disabilities. “Oasis” is designed to provide youth in middle schools and high school with enrichment activities within a structured setting after school hours and on school breaks. “Choice” is an adult enrichment program designed to provide social opportunities for individuals 18 and older in a group setting. Funding streams include waiver funding (Respite, SCL, IMMT), private pay, childcare assistance, wraparound funding
<b>DAYHABILITATION</b>			
<b>Cedar Valley Community Support Services</b> 116 27th Street NE Cedar Rapids, IA 52402	319-826-3421	M,Tu,W,Th,F 8:00 AM - 4:00 PM	Assisting individuals with mental illness, intellectual disability, traumatic head injury and developmental disabilities in obtaining daily living skills enabling them to live as independently as possible in the community
<b>Goodwill of the Heartland</b> 5303 North Park Place NE Cedar Rapids, IA 52402	319-739-5013	M,Tu,W,Th,F 8:30 AM - 3:30 PM	Provides training regarding communication and socialization skills, academics, community skills, recreational and leisure skills for persons who may have significant barriers to independence. Volunteer opportunities and community integration. Accepts Medicaid and Region funding.





## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

<b>Options of Linn County</b> 1240 26th Avenue Court SW Cedar Rapids, IA 52404	319-892-5800	M,Tu,W,Th,F 7:00 AM - 4:00 PM	Provides facility-based day habilitation programming for adults with disabilities.
<b>REMIowa Development Services</b> 1395 Stamy Road Hiawatha, IA 52233	319-294-8216	M,Tu,W,Th,F 7:00 AM - 5:00 PM	REM Iowa's community Integrated Day Habilitation programs support adults with intellectual and developmental disabilities in developing and maintaining life skills and community integration, Provides facility and community based day habilitation programming with a focus on volunteering and community inclusion.
<b>Systems Unlimited</b> 925 American Way SW Cedar Rapids, IA 52404	319-364-1985 x673	M,Tu,W,Th,F 7:00 AM - 4:30 PM	Community-Based day programming serviced provided in a group setting are designed to build skills and increase social interaction. Monthly calendars of activities allow for individual choice and opportunities to access the community in a meaningful way. <a href="http://www.sui.org">www.sui.org</a>
<b>To The Rescue</b> 3901 1st Avenue SE Cedar Rapids, IA 52403	319-826-6068	M,Tu,W,Th,F 8:00 AM - 4:30 PM Sa 9:00 AM - 4:30 PM	Day Habilitation services for all individuals with disabilities from those who benefit from supportive social connections to those with complex needs. Adult programs provided year round with a range of services options including a Clubhouse and a community based social club. Programs for youth ages 16-21 held every Saturday during school breaks and all summer. Connect Club offered for youth who will be transitioning to life after high school.



# DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>EMERGENCY SERVICES</b>			
<b>Abbe Center for Community Mental Health</b> 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	24/7	Emergency response to crises during daytime hours. Available to walk-ins or by phone. During evening hours, assistance available by phone.
<b>FUNDING</b>			
<b>Iowa Department of Human Services</b> 1240 26th Ave Court SW Cedar Rapids, IA 42404	319-892-6700	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Public system of mental health and disabilities care in Iowa, which provides a safety net for the uninsured or those who do not have commercial health insurance benefits coverage to meet their needs.
<b>Iowa Vocational Rehabilitation Services</b> 4444 1st Ave NE Cedar Rapids, IA 52402	319-294-9308	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Vocational planning and job placement for persons who are mentally, physically or psychologically disabled.
<b>Linn County Mental Health Developmental Disabilities (MHDS) Services of the East Central Region</b> 1240 26th Avenue Court SW Cedar Rapids, IA 52404	319-892-5671	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides funding for mental health and developmental disability services. Persons that cannot afford to pay for treatment, supported living or job training may be able to receive assistance and some medications from MHDS.



# DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Linn County SED Wraparound Kids Program</b> 1020 6th St SE Cedar Rapids, IA 52403	319-892-5726	M,Tu,W,Th,F 8:30 AM - 5:00 PM	Provides limited funding for mental health assessments, therapy and counseling, therapeutic programs and medications for qualifying Linn County children with Serious Emotional Disturbance.
<b>MENTAL HEALTH CLINICAL SERVICES</b>			
<b>ABBE at St. Luke's Counseling Center</b> 1077 North Center Point Road Hiawatha, IA 52233	319-369-7952	M,Tu,W,Th 8:00 AM - 4:30 PM F 8:00 AM - 3:00 PM	Therapists and intensive outpatient services.
<b>Abbe Center for Community Mental Health</b> 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	Emergency available 24/7 M,Tu,Th 8:00 AM - 6:00 PM W 8:00 AM - 8:00 PM F 8:00 AM - 4:00 PM	Offers Psychiatrists/ ARNP/ PA, Psychologists, Therapists, Adult Day Treatment, Intensive Psychiatric Rehabilitation, Life Skills Day Hap Program, Peer Run Wellness/ Recovery Center, School Based Services for Children and Teens, Homeless Outreach Services (PATH). Peer staffed Warm Line available 5-10pm daily by calling 1-844-775-9276. See Residential Services heading for additional services.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Anchor Center Mental Health Jail Diversion Program</b> 3115 12th St SW Cedar Rapids, IA 52404	319-558-8705	M,Tu,W,Th,F 2:00 PM - 11:00 PM	Provides correctional supervision and navigation for both the criminal justice and mental health systems for those with mental illness (or are dually diagnosed), brain injury, intellectual and developmental disabilities. Completes mental health assessments in the jail and community to determine eligibility. Coordinates community resources based on identified needs. Provides periodic progress reports to the court as needed. *Participants must have a pending legal charge to qualify.
<b>Cedar Centre Psychiatric Group</b> 1730 1st Avenue NE Cedar Rapids, IA 52402	319-365-3993	Offers evening appointments M,Tu,W,Th,F 8:00 AM - 5:00 PM	Offers Psychiatrists, Psychologists, and Therapists and psychological and neuro-psych testing.
<b>Grace C. Mae Advocate Center</b> 260 33rd ave Suite J Cedar Rapids, IA 52404	319-361-6529	M,Tu,W,Th,F 9:00 AM - 5:00 PM	Individual and family mental health treatment and advocacy. Certified play therapists are available. Sand tray therapy is available. EMDR therapy and trauma treatment is available. Offers occasional classes on mental health first-aid.
<b>Hillcrest Family Services</b> 317 7th Avenue SE Cedar Rapids, IA 52401	319-362-3149 x500 Operator	M,Tu,W,Th 9:00 AM - 5:00 PM	Supported community living for individuals with mental illnesses.
<b>Mercy Family Counseling</b> 1340 Blairs Ferry Rd Hiawatha, IA 52233	319-398-6575	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Offers therapists for individuals, families, couples and children of all ages.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Mercy Psychiatry</b> 701 10th Street SE Cedar Rapids, IA 52401	319-364-4694 Fax 319-369-4777	M,Tu,W,Th,F 8:30 AM - 4:30 PM	Offers Psychiatrists, Psychologists and nurse practitioners that specialize in medication management. Has a licensed therapist for mental health and substance abuse counseling.
<b>Systems Unlimited Family Systems</b> 925 American Way SW Cedar Rapids, IA 52404	319-364-1985	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Offers mental health counseling, therapy and skill building services to children, families and youth.
<b>Tanager Place Mental Health Clinic</b> 1030 5th Avenue SE Cedar Rapids, IA 52403	319-286-4545 319-365-9164 x1	M,Tu,Th 8:00 AM - 7:00 PM W,F 8:00 AM - 4:30 PM	Tanager Place Mental Health Clinic provides outpatient comprehensive mental health services to children, adolescents and their families. The clinic staff offers child psychiatric assessment and medication management, individual and family therapy, play therapy, music therapy and applied behavior analysis. An individualized care plan and specific treatment goals are established for all patients. <a href="http://www.tanagerplace.org">www.tanagerplace.org</a>

### OTHER SERVICES



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Cedar Rapids Vision in Motion</b> 3235 Williams Pkwy SW Cedar Rapids, IA 52404	319-364-2311	M,W,F 9:00 AM - 5:00 PM Tu 9:00 AM - 7:00 PM Ths 9:00 AM - 7:00 PM	Offers vision-rehab and wellness services for all ages. Occupational therapy. Low vision aids and devices available. Sliding fee scale available for services. Also accept Medicaid.
<b>City of Cedar Rapids Public Works Traffic Division Handicapped Signs</b> 500 15th Avenue SW Cedar Rapids, IA 52404	319-286-5802	M,Tu,W,Th,F 8:00 AM - 5:00 PM Public works M,Tu,W,Th,F 7:30 AM - 4:30 PM	Installs handicapped signs in front of residences for persons with proof of disability who are residing within the Cedar Rapids city limits. Information provided regarding Van Accessible signs and Handicapped signs for businesses and other entities within Cedar Rapids. Fee for placing sign in front of a residence is \$100.
<b>Community Hands</b> 3117 1st Ave SE Cedar Rapids, IA 52402	319-535-3428 videophone	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Provides education, accommodation, and resources to the community with the purpose of encouraging equality and reducing the gap in services to the Deaf, Deaf-Blind and Hard-ofHearing community.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>CompuPlace</b> 601 2nd Avenue SE Cedar Rapids, IA 52401	319-362-4284	By appointment only	Provides limited computer access and training, by appointment only, primarily to adults with intellectual disabilities, and to individuals accessing and learning to use assistive technology. Train staff to assist clients with disabilities in computer use. Assistance in developing "accessible" web pages and other electronic documents is provided on a limited basis. For more information: <a href="http://www.ecc-cr.net/compuplace.php">www.ecc-cr.net/compuplace.php</a>
<b>HACAP</b> 1515 Hawkeye Drive Hiawatha, IA 52233	319-393-7811	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Rent reimbursement for elderly and persons with disabilities.
<b>Hillcrest Family Services</b> 317 7th Avenue SE Ste. 202C Cedar Rapids, IA 52401	319-362-3149	M,Tu,W,Th 9:00 AM - 5:00 PM	Unplanned pregnancy counseling and adoption services.
<b>Linn County Treasurer's Office / Property Tax Department</b> 935 2nd Street SW Cedar Rapids, IA 52404	319-892-5550	Phone calls received 8:30 AM - 4:30 PM M,Tu,W,Th,F 7:30 AM - 5:15 PM	Provides property tax credit forms for real estate and mobile homes.
<b>Parent Educator Partnership; Grantwood Area Education Agency</b> 4401 6th Street SW Cedar Rapids, IA 52404	319-399-6702 319-399-6719 800-332-8488	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides information for families, students (birth - 21 years of age) and those in need of other educational support on Individualized Education Plans (IEPs) and 504 Plans. <a href="http://www.gwaea.org">www.gwaea.org</a>



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>St. Luke's Hospital Physical Medicine &amp; Rehabilitation Prosthetics and Orthotic Clinic</b> 1026 A Avenue NE Cedar Rapids, IA 52402	319-369-7331	Orthotic Clinic open on Thursdays as needed M,Tu,W,Th,F 8:00 AM - 4:30 PM	Clinic to assist persons that use braces, shoe lifts, prescription shoes, artificial limbs and other orthopedic devices to assist with their mobility and pain management.
<b>St. Luke's Hospital Physical Medicine &amp; Rehabilitation Wheelchair &amp; Seating Clinic</b> 1026 A Avenue NE Cedar Rapids, IA 52403	319-369-7331	Wheelchair clinic held on Wednesday mornings M,Tu,W,Th,F 8:00 AM - 4:30 PM	Helps patients that use a wheelchair or other assisted mobility equipment.
<b>University of Iowa Hospital &amp; Clinics: Center for Disabilities &amp; Development (CDD)</b> 100 Hawkins Dr Iowa City, IA 52242	319-353-6900 877-686-0031	(Outpatient services) M,Tu,W,Th,F 8:00 AM - 5:00 PM	Provides comprehensive health care and services to persons with disabilities of all ages and their families through a combination of outpatient and community-based programs. Diagnostic consultations also provided. <a href="http://www.uichildrens.org/cdd">www.uichildrens.org/cdd</a>

### PAYEE SERVICES





## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Area Payee Services</b> 1436 L Street SW Cedar Rapids, IA 52404	319-364-9800	Closed Mondays Tu,W,Th,F 9:30 AM - 4:30 PM	Provides services to persons who have been determined by Social Security to need assistance in managing their benefit checks and are required to have a payee. Will also serve voluntary clients. The payee sees that rent, utilities, and other bills are paid. The payee also budgets the client's personal spending money and provides that to the client on a regular basis.
<b>Horizons Representative Payee Program</b> 819 5th St SE Cedar Rapids, IA 52401	319-398-3943	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Consumers are referred to the Representative Payee Program from Social Security Administrative Offices, area social service agencies, hospitals, family members, government agencies, and attorneys. Or, may seek services at their own discretion.  Services provided include: Management of SSDI and SSI Income; Bill Payment; Budgeting Skills Education; Landlord/Tenant Negotiation; Long-term Fiscal Planning; and Information and Referral.  <a href="https://horizonsfamily.org/representative-payee-program/">https://horizonsfamily.org/representative-payee-program/</a>



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Integrity Bonded Services</b> 4635 Westchester Dr NE Unit C Cedar Rapids, IA 52402	319-350-8827	Call in advance for appointment M 12:00 PM - 5:00 PM Tu,W,Th 9:00 AM - 5:00 PM F 9:00 AM - 12:00 PM	Protective representation payee. debbie@integritybondedservices.com
<b>RESIDENTIAL SERVICES</b>			
<b>Abbe Center for Community Mental Health</b> 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	Vary depending on service	Several community based services for adults in recovery from serious mental health problems and co-occurring issues such as substance abuse: Community Support Program (CSS), Supported Community Living (SCL), Home Based Psychiatric Nursing, and Program for Assertive Community Treatment (PACT), Peer Support and Permanent Supported Housing. See Mental Health Clinical heading for additional services.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Arc of East Central Iowa</b> 680 2nd St SE Cedar Rapids, IA 52401	319-365-0487	Office hours are listed. Services go beyond scheduled office hours. M,Tu,W,Th,F 9:00 AM - 3:00 PM	Provides an array of services including: Respite, Daycare, Family Support, Supported Community Living, Consumer Directed Attendant Care and home-based Habilitation, Integrated Day Habilitation, Employment Services, Integrated Health Home (IHH) and Project SEARCH. Provides services under HCBS Waiver Services: Brain Injury, Elderly, Intellectual Disability, Health and Disability, Children's Mental Health Waiver and Habilitation services.  Family Resource Guide - This guide is a breakdown of information, resources, and tools to support individuals diagnosed with a disability, their caregivers, guardians, families, friends, and community members. <a href="https://arceci.org/family-resource-guide/">https://arceci.org/family-resource-guide/</a>
<b>Area Substance Abuse Council (ASAC)</b> 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Residential program for persons with substance abuse issues in combination with bipolar, schizophrenia or schizoaffective disorders (dual diagnosis). Provides 24-hour supervision in a 10-bed facility for up to 5 weeks. Title 19 or MHDD approval is required.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Cedar Valley Community Support Services</b> 116 27th Street NE Cedar Rapids, IA 52402	319-826-3421	M,Tu,W,Th,F 8:00 AM - 4:00 PM	Assisting individuals with mental illness, intellectual disability, traumatic head injury and developmental disabilities in obtaining daily living skills enabling them to live as independently as possible in the community.
<b>Crest Services (American Baptist Homes)</b> 2720 1st Avenue NE Cedar Rapids, IA 52401	319-364-6774	M,Tu,W,Th,F 8:00 AM - 4:00 PM	Primarily serves persons with intellectual disabilities, brain injury and developmental disabilities. Offers a 5-bed Residential Care Facility (RCF), 3-4 bed homes and Supported Community Living (SCL) for persons living independently. Services are funded through the Medicaid ID Waiver, BI Waiver or Habilitation.
<b>Discovery Living</b> 1015 Old Marion Road NE Cedar Rapids, IA 52402	319-378-7470	M,Tu,W,Th,F 8:30 AM - 4:30 PM	Offers 4-5 bed Supported Community Living (SCL) homes for adults living with a disability. All services are funded through the Medicaid ID Waiver. <a href="http://www.discoveryliving.org">www.discoveryliving.org</a>
<b>Evergreen Estates</b> 2204 Johnson Avenue NW Cedar Rapids, IA 52405	319-396-3692	M,Tu,W,Th,F 8:00 AM - 5:30 PM	Provides residential care for primarily elderly persons and individuals with mental health illness on a situational basis. Nurse on duty 24 hrs per day, 7 days per week.
<b>Garnett Place</b> 202 35th Street Drive SE Cedar Rapids, IA 52403	319-362-3630	Resident services available 24/7 M,Tu,W,Th,F 8:00 AM - 5:00 PM Sa 10:00 AM - 2:00 PM Su 11:00 AM - 3:00 PM	Provides licensed assisted living and residential assisted living for older adults, including those with mental illness who have had mental challenges, but are capable of living with limited assistance.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Goodwill of the Heartland</b> 1441 Blairs Ferry Road NE Cedar Rapids, IA 52402	319-393-3434	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides Supported Community Living (SCL) services for persons with developmental disabilities, mental illness or dual diagnosis, or intellectual disabilities living in their own homes.
<b>Hillcrest Family Services</b> 317 7th Avenue SE Cedar Rapids, IA 52401	319-362-3149	M,Tu,W,Th 9:00 AM - 5:00 PM	Provides Supported Community Living (SCL) services for persons with mental illness or dual diagnosis living in their own homes.
<b>Lutheran Services of Iowa</b> 1000 3rd Avenue SE Cedar Rapids, IA 52403	563-582-0044 Office 563-582-7308 Fax 888-457-4692 Intake	Drop in (some evening hours are available on case-by-case basis and need) M,Tu,W,Th,F	Daily Supported Community Living, Hourly Supported Community Living, Respite Care, Host Homes



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Optimae Life Services</b> 2750 1st Avenue NE Cedar Rapids, IA 52402	319-364-4803	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides residential services to customers eligible for Habilitation, ID Waiver and BI Waiver, who are looking for a supportive living environment to learn daily living skills. Our residential living environments range in hours of support to meet customer needs. Supported Community Living (SCL) services; hourly skill-building services to customers living in their own homes. Intensive Psychiatric Rehabilitation (IPR) available to customers with a mental health diagnosis that want to make a change in their living, learning, working or social environments; evidencebased practice that supports customers in learning to make systematic choices.
<b>REM Iowa Community Services - Host Home</b> 1661 Boyson Square Drive Hiawatha, IA 52233	319-294-0264	M,Tu,W,Th,F 8:00 AM - 5:00 PM	In our Host Home program, individuals live in private family homes with dedicated caregivers who we call Mentors. Mentors help people of all abilities acquire skills, access services and work toward personal goals, including developing independence and participating in community life.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>REM Iowa Community Services, Inc. ICF/ID</b> 1220 Industrial Avenue Hiawatha, IA 52233	319-294-0264	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Provides residential and community-based supports for persons with intellectual disabilities, developmental disabilities, mental illness and brain injury. We provide support with day-to-day activities, skill-building opportunities, and the chance for individuals to live in the community they call home.
<b>REM Iowa, Inc. ICF/ID</b> 1220 Industrial Avenue Hiawatha, IA 52233	319-294-0264	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Our Intermediate Care Facilities are one-story, full accessible homes nestled in communities throughout the community. Providing individualized services to help the people we serve become more independent, as well as specialized supports for individuals who face physical or behavioral challenges.
<b>St. Luke's Transitional Care Center</b> 1220 5th Avenue SE Cedar Rapids, IA 52403	319-366-8701	24/7	Rehab to home.
<b>Successful Living</b> 2406 Towncrest Drive Iowa City, IA 52240	319-356-0947	M,Tu,W,Th,F 9:00 AM - 5:00 PM	Affordable housing for Successful Living clients only and on-site support services for individuals with mental health problems in Iowa City. Provides Supported Community Living (SCL) services for adults (over 18) with mental illness or dual diagnosis living in their own homes in Iowa City and its surrounding community. Day habilitation services.



# DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Supported Community Living Division</b> 925 American Way SW Cedar Rapids, IA 52404	319-338-9212 x136	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Provides Supported Community Living (SCL) services, Consumer Directed Attendance Care (CDAC), to children and adults with intellectual disabilities and developmental disabilities in their own homes or locations provided by Systems Unlimited. Site or hourly services. Services can be provided through the Home and Community Based Services (HCBS) waiver or Chapter 24. Individualized services in small environments. Also provides home-based and site-based habilitation services to individuals with mental illness. Additionally, day habilitation and supported employment are available in Cedar Rapids and Iowa City. Therapy services are offered in Iowa City.





## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Systems Unlimited</b> 2533 Scott Blvd SE Iowa City, IA 52241	319-338-9212 x136	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Provides Supported Community Living (SCL) services, Consumer Directed Attendance Care (CDAC), to children and adults with intellectual disabilities and developmental disabilities in their own homes or locations provided by Systems Unlimited. Site or hourly services. Services can be provided through the Home and Community Based Services (HCBS) waiver or Chapter 24. Individualized services in small environments. Also provides home-based and site-based habilitation services to individuals with mental illness. Additionally, day habilitation and supported employment are available in Cedar Rapids and Iowa City. Therapy services are offered in Iowa City.
<b>Tailored Living</b> PO Box 219 Marion, IA 52302	319-377-0184	M,Tu,W,Th,F 9:00 AM - 3:00 PM	Housing and daily/hourly on-site support services for persons with developmental disabilities, mental illness, and intellectual disabilities. Also provides Supported Community Living (SCL) services for persons living in their own homes. [FAX #: (319) 377-0185.]



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Tanager Place</b> 2309 C Street SW Cedar Rapids, IA 52404	319-365-9164	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Inpatient services for children and adolescents. A 60-bed Psychiatric Medical Institution for Children (PMIC) and an 8-bed Intermediate Care Facility for children and adolescents with intellectual disabilities are available. <a href="http://www.tanagerplace.org">www.tanagerplace.org</a>
<b>The Arc of East Central Iowa</b> 680 2nd Street SE Cedar Rapids, IA 52401	319-365-0487	Services available any day of the week any time of the day M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides Respite, Supported Community Living (SCL), Consumer Directed Attendant Care (CDAC), Intermittent Medical Monitoring Treatment (IMMT), Day Habilitation and daycare services for persons with intellectual and other related disabilities who live in their own homes. Utilizes Home and Community Based Waiver funding (Intellectual Disability, Health & Disability, Children's Mental Health, Brain Injury and Elderly).
<b>To The Rescue</b> 139 40th Street NE Cedar Rapids, IA 52402	319-826-6068	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Supportive Community Living homes (daily and hourly), including daily homes that support those with medical needs, SCL hourly services, day habilitation, transportation, employment services, Home Health Care, and home modifications.

### VOCATIONAL SERVICES



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided
<b>Goodwill of the Heartland</b> 1441 Blairs Ferry Road NE Cedar Rapids, IA 52402	319-393-3434	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Provides job training, placement programs and employment for persons with barriers. Barriers include court-ordered through corrections and drug court; mental illness; intellectual disabilities; and homeless vets.
<b>Heritage Area Agency on Aging</b> 6301 Kirkwood Boulevard SW Cedar Rapids, IA 52404	319-398-5559	M,Tu,W,Th,F 8:00 AM - 5:00 PM	The Older Worker Program assists individuals 55 years of age and older, with a disability, with employment. This program requires a referral from Iowa Vocational Rehabilitation Services. Upon receiving the referral, The Heritage Agency's Employment Specialist can begin the process to assist based on the individual's needs and goals. They will help people through coordination and assistance of a placement plan, goals, resume building, refining the job search, obtaining job leads, setting up informational interviews, job shadowing opportunities, assessments, internships and placement in a permanent placement.
<b>Iowa Department for the Blind</b> 524 4th Street Des Moines, IA 50309	515-281-1333 800-362-2587	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Vocational planning and job placement for persons who are blind or visually impaired. Provides independent living services and library services (audio books). Sells magnifiers, medical equipment, games, etc.



## DISABILITY RESOURCES 2025

Specific hours and availability may be subject to change. Call before seeking services.

<b>Iowa Office of Persons with Disabilities</b> 321 East 12th Street Des Moines, IA 50319	888-219-0471	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Assists employers and businesses including government with accessibility issues relative to the Americans with Disabilities Act (ADA). Also offer youth leadership forums for high school students with disabilities.
<b>Iowa Vocational Rehabilitation Services</b> 4444 1st Avenue NE Cedar Rapids, IA 52402	319-294-9308	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Vocational planning and job placement for persons who are mentally, physically or psychologically disabled.
<b>Iowa Work Incentives Planning &amp; Assistance (Iowa WIPA)</b> 600 South Pierce Avenue Mason City, IA 50401	641-422-1500 877-424-9472	M,Tu,Th,F 8:30 AM - 4:30 PM W 9:00 AM - 4:30 PM	Assists lowans who are Social Security Disability beneficiaries in the management of their benefits while pursuing employment. Knowledgeable about work incentives to lowans on Social Security Disability and can assist in benefits planning and financial analysis. <a href="https://disabilityrightsiowa.org/who-we-are/funding-partners/work-incentives-planningassistance-wipa/">https://disabilityrightsiowa.org/who-we-are/funding-partners/work-incentives-planningassistance-wipa/</a>
<b>REM Developmental Services</b> 1220 Industrial Avenue Hiawatha, IA 52233	319-378-9333	M,Tu,W,Th,F 8:00 AM - 5:00 PM	Provides job training and placement programs, as well as facility-based training and employment for persons with disabilities. Also has Day Habilitation programming available.
<b>To The Rescue</b> 139 40th Street NE Cedar Rapids, IA 52402	319-826-6068	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Services to assist individuals with disabilities or other barriers to obtain and sustain employment in an integrated community work setting. Services include discovery, workplace readiness assessment, job development, and job coaching.